



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summit & Berkeley Heights YMCA Childcare Snack Menu

November 2025

Weekly Fresh Fruit	Monday	Tuesday	Wednesday	Thursday	Friday
Grapes					1 Finish Snacks from this Week
Bananas	3 Vanilla Yogurt	4 Nutrigrain Bars	5 Cheese Itz	6 Chips and Salsa	7 Finish Snacks from this Week
Red Delicious Apples	10 String Cheese	11 Applesauce	12 Lorna Doone	13 Sun Chips	14 Finish Snacks from this Week
Pears	17 Caramel Rice Cakes	18 Corn Muffins	19 Pretzels	20 Goldfish	21 Finish Snacks from this Week
Oranges	24 Animal Crackers	25 Baked Cheetos	26 Scooby Snacks	27 CLOSED	28 CLOSED

Morning Snack for Before Care for November will consist of:
Cheerios, Cinnamon Toast Crunch, Rice Krispies



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