



SUMMIT AREA YMCA
2024 IMPACT REPORT

Building Stronger Communities

For over 135 years, the Summit Area YMCA has partnered with the communities of Berkeley Heights, Gillette, Millburn, New Providence, Short Hills, Springfield, Stirling, and Summit to tackle critical challenges like child care, healthy living, and the achievement gap. Your support makes scholarships and free programs possible, directly addressing these needs and strengthening our community. Learn more about the impact of your generosity below.

YOUTH DEVELOPMENT | Developing a new generation of changemakers.



489 KIDS AND TEENS

participated in our fall basketball programs where they learned from positive role models, enjoyed a healthy outlet for physical activity, and built their confidence.



\$360,000 IN SCHOLARSHIPS

provided for YMCA childcare and early childhood education programs for working families, boosting economic stability and nurturing young minds.



50 TEENS

joined our new **Girls Night In** and **Men of Tomorrow** programs to explore self-expression, plan for their futures, and connect in a safe, supportive environment.



HEALTHY LIVING | Improving well-being in mind, body, and spirit.

250 ADULTS

connected through pickleball at our Y, where they made friendships, exercised, and built community like never before.



14 YOGA AND MINDFULNESS CLASSES

offered weekly, helping individuals reconnect with their mental health and well-being under the guidance of certified instructors.



65 MEMBERS

bonded outdoors while tending to plots in our **Community Garden**, harvesting nutritious produce, much of it was donated to fight food insecurity.



488 REGISTRANTS

supported the return of our **5K**, bringing neighbors together for fitness and fun while raising funds to ensure everyone can access the Y's resources.



SOCIAL RESPONSIBILITY | Inspiring action and creating equitable communities.



2 NEW ESL CLASSES

began at the Summit YMCA to help high school students, young mothers, and other neighbors improve their English skills and build brighter futures.



\$1,108,848 IN ASSISTANCE

given to local families through scholarships and free programs, like **LIVESTRONG® at the YMCA** for cancer survivors.



77 WOMEN

received essential period products each month to bolster their health and hygiene through our food, diaper, and period product distributions.