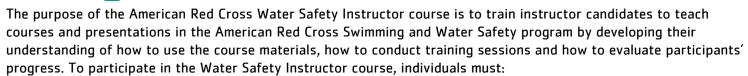


FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## AMERICAN RED CROSS

# WATER SAFETY INSTRUCTOR CERTIFICATION REQUIREMENTS



#### **AGE REQUIREMENT: 16 YEARS**

## (on or before final scheduled lesson of this course) **REQUIRED SWIMMING SKILLS:**

- 1. Swim the following strokes consistent with the Stroke Performance Charts, Level 4
- Front crawl—25 yards
- Back crawl—25 yards
- Breaststroke—25 yards
- Elementary backstroke—25 yards
- Sidestroke—25 yards
- Butterfly—15 yards
- 2. Maintain position on back for 1 minute in deep water (floating or sculling)
- 3. Tread water for 1 minute

#### **CLASS DATES & TIME:**

Fridays 4/21, 4/28, 5/5 6:30 PM-9:30 PM 4/23, 4/30, 5/7 9:00 AM-5:00 PM Sundays

This is one class. Must attend all dates and times.

## TO BE CERTIFIED AS A WATER SAFETY INSTRUCTOR, INSTRUCTOR **CANDIDATES MUST:**

- Successfully complete the pre-course session
- Successfully complete the online Orientation to the Swimming and Water Safety Program, which includes an orientation to the American Red Cross. Proof of completion must be presented before the candidate is allowed to participate in class.
- Attend and successfully participate in all course lessons, including the online content
- Successfully complete the required number of practice-teaching assignments
- Score at least 80 percent (correctly answer 40 of 50 questions) on the final instructor course written exam

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