



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PARENT HANDBOOK

**THE LEARNING CIRCLE YMCA**  
A BRANCH OF THE SUMMIT AREA YMCA

# LETTER FROM THE CEO

Dear Parent/Guardian,

Welcome to The Learning Circle YMCA, one of the Summit Area YMCA's childcare and education centers. We are the area's largest not-for-profit childcare provider, and we try to make your child's experience and our facilities, your child's home-away-from home.

We are especially responsive, and tailor our programs to the busy schedules, special needs and budgets of single parents and dual-career families so that you can go to work secure in the knowledge, that your child is being cared for and educated in a safe, stimulating, constructive, supervised environment.

We pledge to strive to fulfill our promise to make each day an opportunity for your child to grow, to learn and to feel secure and confident in our values-based environment. Our YMCA is blessed with a highly dedicated, experienced, and knowledgeable staff team. I encourage you to communicate regularly with them so we can meet and exceed your expectations. Training all of our staff is of critical importance to our organization, especially in the area of child abuse prevention.

We appreciate the privilege and trust you show us in leaving your greatest loves with us. You have my assurance that we will love, protect, and nourish your child as if our own. Should you have any questions, concerns or suggestions about our YMCA, please feel free to contact me directly.

Sincerely,

A handwritten signature in black ink that reads "Paul Kieltyka". The signature is written in a cursive, flowing style.

Paul Kieltyka  
President and CEO, Summit Area YMCA  
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## WHO WE ARE

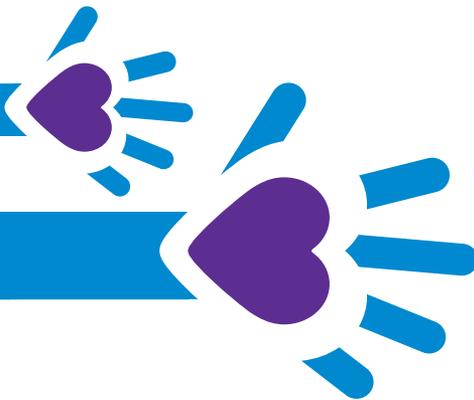
The Summit Area YMCA is one of the area's **leading charitable organizations**. Our cause is to strengthen the community by nurturing the potential of every child, promoting healthy living, and fostering a sense of social responsibility.

Founded in 1886, the Summit Area YMCA has a history steeped in working side-by-side with our neighbors to ensure that everyone, regardless of age, income and background has the opportunity to learn, grow and thrive. Our holistic approach to wellness focuses on **building a healthy mind, spirit and body for all**.

Our three branches are vital, vibrant, and valued **centers of the community** that provide meaningful experiences for individuals and families. Each year, we serve more than 10,000 individuals with our free and for-fee programs and services in an area spanning the communities of Berkeley Heights, New Providence, Millburn, Springfield, Short Hills, Summit, Gillette and Stirling.

All of our programs and services are infused with the Y core values of **honesty, caring, respect and responsibility**, which build character and enhance self-esteem. Such programs include youth sports leagues (soccer and basketball), parent-child programs, the 7th Grade Initiative, **LIVESTRONG®** at the YMCA, the Achievers Program, Summer Camp, childcare, and assistance to military families, to name a few.

The Summit Area YMCA is also changing the way individuals, who are engaged in civic and charitable organizations, **collaborate to provide practical and affordable** answers to large-scale community issues such as childcare, childhood obesity, and the achievement gap among students.



The Summit Area YMCA, which is governed by a volunteer Board of Trustees, includes members from each branch, makes policy decisions, and helps set the direction of the organization.

We encourage **parent involvement** and visits to the Learning Circle YMCA at any time without having to notify the Director or staff. We also encourage parents/guardians or siblings to volunteer their time to share talents, culture, activities, games, etc. whenever possible. Please contact the Director of your child's program if you would like to make a difference by volunteering or participating in activities at the Learning Circle YMCA.

Our YMCA's **Annual Campaign** raises tax-deductible contributions that fund the Y Cares Financial Assistance program. Y Cares is made possible because of the generosity of members, donors and partners and funds key programs such as childcare, Summer Camp and membership for families struggling financially.

In 2016, the Y provided **\$2,363,689 in direct financial assistance, subsidies and program support** including those mentioned before, and distributed over \$635,272 in direct financial assistance to qualifying individuals and families who might otherwise have not been able to participate and benefit from our Y's offerings.

Volunteer founded and volunteer led, the Summit Area YMCA depends on the generosity and dedication of **1200 volunteers** to meet our community needs. Volunteers are at the center of YMCA operations—from reading to preschoolers to teaching swimming and soccer to working with seniors. Volunteers also serve on policy-making boards that set the strategic direction for the YMCA and partner with professional staff to ensure that each Y is mission driven. We are grateful for and rely on the time, talent, and resources of volunteers to bring many of our programs to fruition.



# YMCA CHILD SAFE POLICY

The Summit Area YMCA has more than 100 staff members and volunteers working with children and youth in the many programs we offer. We are committed to keeping children safe. It takes everyone's vigilance to stop child abuse. Our policies are designed to protect both the children we serve and the staff we employ. Staff are prohibited from being alone with a child and cannot work one-on-one with youth outside the YMCA (e.g. babysitting).



Our employees and volunteers undergo an intensive screening process. Our standard practice includes:

- completion of detailed application
- comprehensive interview process
- reference checks
- criminal background record checks and fingerprinting

Additionally, all our employees complete a child abuse prevention training program sponsored by the NJ State's 4Cs program with supplemental training from the Redwoods Group. Supervisors and managers must also undergo training to promote a child-safe environment. And, all our staff members are mandated by law to report any signs of child abuse they observe or suspect.

Child abuse is an unfortunate reality and abuse can take many forms including:

- Emotional – threatening a child or using words to hurt a child's feelings and self esteem; withholding love and support from a child.
- Physical – causing injuries (i.e.,bruises, burns, scars, or broken bones) to a child on purpose.
- Sexual – having sexual contact in any form with a child (including exposing, fondling, intercourse, pornography, or internet solicitation).
- Neglect – not providing children with enough food, clothing, shelter, medical care, hygiene or supervision.

If you have any questions or concerns regarding a YMCA staff person or program, please make a confidential call to the Child Safe Hotline at 1-877-652-2873

- If you think a child is physically injured, please seek out appropriate medical attention.
- If you observe signs of distress, withdrawal, or acting out, please consider counseling for your child.
- Talk to your YMCA Program Director for assistance.
- Call Child Protective Services (CPS) or the Police to report any abuse.

# THE LEARNING CIRCLE YMCA PRACTICES

## MEALS

Breakfast, lunch, and an afternoon snack (morning snack for Kindergartners) will be served as part of your child's program. Dinner is served to those children that remain after 6:00 p.m. These meals are planned and prepared by our Kitchen Staff. Menus are posted monthly throughout The Learning Circle YMCA and distributed to parents via email. We strive to be a peanut-free facility and look to accommodate children with allergies or special dietary needs. Please see The Learning Circle YMCA Nurse if you need to complete a special diet plan.

## "TREASURES" FROM HOME

We recommend that children avoid bringing "treasures" to The Learning Circle YMCA programs, (i.e. toys, a favorite blanket, stuffed animals, electronics) since they could get lost or damaged, and "sharing" a favorite belonging can sometimes become an issue.

## EMERGENCY CLOSINGS

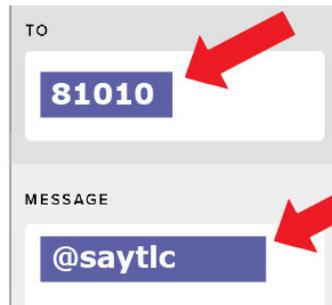
We will advise you of emergency or necessary closings at The Learning Circle YMCA program on our website: [www.theSAY.org](http://www.theSAY.org). You may also sign up to receive emergency messages by signing up on our website for the Emergency Callback System Online Registration.

## EMERGENCY CALL BACK SYSTEM

To sign up for text message alerts send a text message "@saytlc" to phone number 81010 or if this number does not work just send the same message "@saytlc" to 415-704-8328

If you want to stop receiving messages send a message with "STOP" at any time.

No, message and data rates may apply. The only cost to you is whatever your wireless provider charges you to send and receive text messages.



## FIRE DRILLS

Fire drills and other emergency drills are conducted each month in accordance with New Jersey State Law. Fire exit routes are posted in each classroom.

## BIRTHDAY POLICY

Birthday celebrations are very important to the children and to us. In an effort to keep all our children safe, food is not the focus of our birthday celebrations. We will continue to celebrate each child's birthday in a way that is special to him/her and safe for everyone. There are children in our classrooms with very severe allergies. The parents of these children know how important it is to control the foods they are served or exposed to. To make the day special for the children we will make crowns, cards and birthday books. The teachers will ensure that every child enjoys their special day. Thank you for your understanding and cooperation.

# DISCIPLINE PHILOSOPHY

We use methods of guidance and discipline that are positive and consistent with the developmental needs of children.

- a) At the YMCA we do not tolerate hitting, corporal punishment, abusive language, ridicule, sarcasm, harsh, humiliating or frightening treatment towards children.
- b) Rest, toilet training, or food shall not be used as discipline tools.
- c) The withholding of emotional responses or stimulation, or requiring the child to remain silent shall not be used as discipline tools.



## SUMMIT AREA YMCA CHILD ABUSE PREVENTION CODE OF CONDUCT

1. In order to protect Y staff, volunteers, and program participants – at no time during a Y program may a staff/ volunteer be alone with a single child where they cannot be observed by others. As staff/volunteers work with or supervise children, they should space themselves in a way that other staff can see them.
2. Staff/Volunteers shall never leave a child unsupervised.
3. Restroom supervision: No child, regardless of age, should ever enter a bathroom alone. Staff/Volunteers will make sure the restroom is not occupied by suspicious or unknown individuals before children enter. Children should be taken together as a group with staff/volunteers supervising. Staff/Volunteers will stand in the doorway while children are using the restroom. This policy allows privacy for the children and protection for the staff/ volunteer (not being alone with a child).
4. Staff/Volunteers should conduct or supervise private activities in pairs – diapering, putting on bathing suits, taking showers, etc. When this is not feasible, staff/volunteers should be positioned so that they are visible to others.
5. Staff/Volunteers shall not abuse children including: physical abuse – strike, spank, shake, slap; verbal abuse – humiliate, degrade, threaten; sexual abuse – inappropriate touch or verbal exchange; mental abuse – shaming, withholding love, cruelty; neglect – withholding food, water, basic care, etc. Any type of abuse will not be tolerated and may be cause for immediate dismissal.
6. Staff/Volunteers must use positive techniques of guidance, including redirection, positive reinforcement and encouragement rather than competition, comparison and criticism. Staff/Volunteers will have age appropriate expectations and set up guidelines and environments that minimize the need for discipline. Physical restraint is used only in pre-determined situations (necessary to protect the child or other children from harm), is only administered in a prescribed manner and must be documented in writing.
7. Staff/Volunteers will conduct a visual check of each child each day as they enter the program, noting any fever, bumps, bruises, burns, complaints of illness, etc. Questions or comments will be addressed to the parent or child in a non-threatening way. Any questionable marks or responses will be documented.
8. Staff/Volunteers respond to children with respect and consideration and treat all children equally regardless of sex, race, religion, culture.
9. Staff/Volunteers will respect children's rights to not be touched in ways that make

them feel uncomfortable, and their right to say no. Other than diapering, children are not to be touched in areas of their bodies that would be covered by a bathing suit. Exceptions to this would include safety reasons and spotting in physical activities such as gymnastics and swimming.

10. Staff/Volunteers will refrain from inappropriate or unwelcome displays of affection toward others or children.
11. While the Y does not discriminate against an individual's lifestyle, it does require that in the performance of their services to the Y, they will abide by the standards of conduct set forth by the Y.
12. Staff/Volunteers must appear clean, neat, and appropriately attired.
13. Using, possessing, or being under the influence of alcohol or illegal drugs during working hours is prohibited.
14. Smoking or use of tobacco in the presence of children or parents during working hours is prohibited.
15. Profanity, inappropriate jokes, sharing intimate details of one's personnel life, and any kind of harassment in the presence of children or parents is prohibited.
16. Staff/Volunteers must be free of physical or psychological conditions that might adversely affect children's physical or mental health. If in doubt, an expert should be consulted.
17. Staff/Volunteers will portray a positive role model for youth by maintaining an attitude of respect, loyalty, patience, courtesy, tact, and maturity.
18. Staff/Volunteers may not be alone with children they meet in YMCA programs outside of the YMCA. This includes babysitting, sleepovers, and inviting children to your home. Any exceptions require a written explanation before the fact and are subject to administrator approval.
19. Staff/Volunteers are not to transport children in their own vehicles.
20. Staff/Volunteers may not date program participants under the age of 18 years of age.
21. Under no circumstance should staff/volunteers release children to anyone other than the authorized parent, guardian, or other adult authorized by the parent or guardian (written parent authorization on file with the YMCA).
22. Staff/volunteers are required to read and sign all policies related to identifying, documenting, and reporting child abuse and attend trainings on the subject, as instructed by their manager.

## **EXPULSION POLICY**

On rare occasions we have to expel a child from our program either on a short term or permanent basis. This is a last-resort measure and we do everything possible to work with the family of the child(ren) to minimize this from occurring.

### **We may have to immediately expel a child from The Learning Circle YMCA Childcare for the following reasons:**

- The child is at risk of causing serious injury to other children or himself/herself
- Parent threatens physical or intimidating actions toward staff members
- Parent exhibits verbal abuse to staff in front of enrolled children

**The following parental actions may result in a child's expulsion:**

- Failure to pay or habitual lateness in payments
- Failure to complete required forms including the child's immunization records
- Habitual tardiness when picking up your child
- Verbal abuse to staff

**A child's actions may cause expulsion for the following reasons:**

- Failure of the child to adjust to our programs after a reasonable amount of time
- Uncontrollable tantrums/angry outbursts
- Ongoing physical or verbal abuse to staff or other children
- Excessive biting

**Proactive Actions to Prevent Expulsion:**

- Staff will try to redirect child from negative behavior
- Staff will reassess classroom environment, appropriate activities, supervision
- Staff will always use positive methods and language while disciplining children
- Staff will praise appropriate behavior
- Staff will consistently apply consequences for rules
- Child will be given verbal warnings
- Child will be given time to regain control

**Schedule of Expulsion**

If the above recommended remedial actions do not work, the child's parent/guardian will be advised verbally and in writing about the behavior warranting the expulsion. This action is meant to allow a period of time so that the parent/guardian can work on the behavior or to come to an agreement with The Learning Circle YMCA about next steps:

- the parent/guardian will be informed about the length of the expulsion period.
- the expected behavioral changes required in order for the child/parent to return to the center.
- the parent/guardian will be given a specific expulsion date that allows the parent a reasonable period of time to seek alternate child care (approximately one to two weeks notice depending on the risk to other children's welfare or safety).
- failure of the child/parent to satisfy the terms of the plan may result in permanent expulsion from the center.

**A Child Will Not Be Expelled**

If a child's parent(s):

- made a complaint to the Office of Licensing regarding The Learning Circle YMCA's alleged violations of the Licensing requirements (1-877-667-9845)
- reported abuse or neglect occurring at the center (1-877-NJABUSE) (1-877-652-2873)
- questioned The Learning Circle YMCA regarding policies and procedures.

# MEDICAL POLICIES

The Universal Health Form must be completed, signed by the parent/guardian and physician, and returned to The Learning Circle YMCA before your child begins the program. Immunization dates must be attached. The Universal Health form is only considered by our licensing agencies to be valid one year from the date of the physician's signature. Emergency contacts/pick-up person(s) information must also be complete. Occasionally, we may need to contact you in the event of an emergency. If we are unable to reach you, we will then call those persons authorized by you as emergency contacts. Please make those people aware that they have been listed as emergency contacts.



We expect parents to use sound judgment when their child is ill and to consider the well-being of their child, and that of other children and staff at The Learning Circle YMCA.

The YMCA will only administer medication to a child when a medical permission form has been completed for each medication/occurrence and under the guidelines set forth by the YMCA. All health and safety policies will be reviewed at Orientation with the Nurse. Parents must bring all medications directly to the Nurse's Office.

The center shall maintain on file at the center a Universal Health Record which the center will provide, to be updated annually, along with an up to date immunization record. No children under the age of 18 months will be enrolled with an immunization exemption of any nature. Children 18 months and older may be enrolled with a medical exemption signed by their doctor or with a religious exemption explained in a signed and dated parental written statement which should explain how immunizations conflict with the child's exercise of bona fide religious tenets or practices. Those children with immunization exemptions may be excluded from the center during a vaccine-preventable outbreak or threatened outbreak.

## **POLICY FOR DESIGNATED COMMUNICABLE DISEASES**

We do not permit any child with a designated communicable disease to attend or remain at The Learning Circle YMCA until we receive a note from the child's physician stating the child presents no risk to his/herself or others and is able to participate in all The Learning Circle YMCA activities. Parents of other children in the program will be notified with a written announcement so they can monitor their own child's well-being.

For the health and safety of our children and staff, we will not admit any child who has an illness, symptom of an illness, or a disease that a physician has determined would require a child:

1. be home under the physician's immediate care,
2. to be admitted to a hospital for care and treatment.

If your child has a temperature, colored discharge from their nose, swollen and red eyes with discharge, diarrhea or vomiting within a 24 hour period, they should stay home so as to not infect any other child or staff.

\*Notes are required for all illnesses including the following that have been designated as communicable by the State Licensing Department: Chicken Pox, Meningococcus, Coxsackie, Mumps, German Measles, Salmonella, Giardia Lambliia, Scabies, Hemophilus Influenza, Shigella, Hepatitis, Strep Throat, Impetigo, Tuberculosis, Lice, Whooping Cough, Measles, Rash.

## PICKUP/RELEASE OF CHILDREN

To avoid confusion on the pickup list you submit to us, please include the name(s) of the child's parent(s), as well as persons authorized to pick up your child. Please note that, unless we receive proof to the contrary, we will consider both of the child's parents as authorized persons for pickup.

If there is a specific custodial arrangement that affects the rights of either parent to pickup a child, the YMCA must have a certified copy of the legal document setting forth those rights. Please note, we will not place other children in our care or any staff member in a position of potential harm or danger as we work to implement a legal agreement, regarding custodial rights.

As stated in the New Jersey State Manual of Requirements for Child Care Centers "... a child shall not be visited by or released to a non-custodial parent unless the custodial parent specifically authorized the center to allow such visits or releases in writing. This written authorization including the name, address, and telephone number of the non-custodial parent(s) shall be maintained on file. If a non-custodial parent has been denied access, or granted limited access, to the child by a court order, the center shall secure documentation to this effect and maintain a copy on file".

The YMCA will use its best efforts to release a child only to an authorized person. If a non-custodial parent or other non-authorized person forcibly takes a child, we will then notify the local police, and the custodial parent(s).

No child will be released to a guardian who appears to be physically/emotionally impaired or intoxicated if, in the best judgment of the staff, the child would be placed at risk or harm if released to that individual.

If a child is not picked up by their scheduled time, we will attempt to contact parents or others authorized to pickup. If the child still remains with us one hour after the program has ended, staff members shall call the DYFS 24-Hour Child Abuse Hotline to seek assistance in caring for the child until the parents or others authorized can pick up the child.



## STATE LICENSING INFORMATION

Under provisions of the Manual of Requirements for Child Care Centers (N.J.A.C. 10:122), every licensed child care center in New Jersey must provide to parents of enrolled children written information on parent visitation rights, State licensing requirements, child abuse/neglect reporting requirements and other child care matters.



The center may comply with this requirement: by reproducing and distributing to parents this written statement, prepared by the Bureau of Licensing in the Division of Youth and Family Services (DYFS) or by incorporating the required information in its own handbook, brochures or other informational materials. In keeping with this requirement, the center must secure every parent's signature attesting to his/her receipt of the information.

Our center has a copy of the Manual of Requirements on the premises and will make it available to interested parents for review. If you would like to review our copy, please ask any staff member. Or, for a nominal fee, Parents may also secure a copy of the Manual of Requirements for Child Care Centers online at: <http://www.state.nj.us/dcf/providers/licensing/laws/CCCmanual.pdf> by writing to the Bureau of Licensing, Division of Youth and Family Services, SN 717, Trenton, NJ 08625.

We encourage parents to discuss with us any questions or concerns about the policies and programs of the center or the meaning, application or alleged violations of the Manual of Requirements. We will be happy to arrange a convenient opportunity for you to review and discuss these matters with us. If you suspect our center may be in violation of licensing standards, you are entitled to report them to the Bureau of Licensing. Of course, we would appreciate your bringing those concerns to our attention as well.

### **10:122-3.6 INFORMATION TO PARENTS DOCUMENT**

Following is the Information to Parents document reprinted directly from the Manual of Requirements for Child Care Centers.

GEN (a) the center shall give to the parent(s) of every enrolled child and to every staff member written Information to Parents document designated by the Bureau of Licensing and indicating that the center is required to:

1. Be licensed by the Bureau of Licensing, Division of Youth and Family Services;
2. Comply with all applicable provisions of the Manual of Requirements of Child Care Centers;
3. Post its license in a prominent location within the center;
4. Retain a current copy of the manual and make it available for parents' review.
5. Indicate how parents can secure a copy of the manual and obtain information about the licensing process from the Bureau;
6. Make available to parents, upon request, the Bureau's Life/Safety and Program Inspection/Violation and Complaint Investigation Summary report(s) on the center, as well as any letters of enforcement or other actions taken against the center during the center's current licensing period.
7. Post a listing or diagram of those rooms and/or areas that have been approved by the Bureau for children's use;
8. Comply with the inspection/investigation functions of the Division, including the interviewing of staff members and children;
9. Afford parents the opportunity and time to review and discuss with the center director or sponsor any questions or concerns about the policies and procedures of the center or whether the center is in compliance with all applicable provisions of the manual;
10. Advise parents that if they believe or suspect that the center is violating any requirement of the manual, they may report such alleged violations to the center sponsor or director or to the Bureau;
11. Afford parents of enrolled children an opportunity to participate in the center's operation and activities and to assist the center in complying with licensing requirements;
12. Afford parents of enrolled children the opportunity to visit the center at any time during the center's hours of operation to observe its operation and program activities without having to secure prior approval;
13. Provide parents with advance notice of any field trip, outing or special event involving the transportation of children away from the center, and, for each event, secure the written consent of the parent(s) before taking a child on such a field trip, outing or special event;

14. Post a copy of the center's written statement of policy on the disciplining of children by staff members in a prominent location within the center, and make a copy of it available to parents upon request;
15. Indicate through this document that any person who has reasonable cause to believe that a child has been or is being subjected to any form of hitting, corporal punishment, abusive language, ridicule, or harsh, humiliating or frightening treatment, or any other kind of child abuse, neglect or exploitation by any adult, is required by State law to report such allegations to the State Central Registry Hotline (1-877-NJ ABUSE/ 1-877-652-2873) immediately, and indicate that such reports may be made anonymously;
16. Indicate through this document how parents and staff members may secure information about child abuse and/or neglect from the Division;
17. Inform parents of the center's policy on the release of children
18. Inform parents of the center's policy on administering medication and health care procedures;
19. Provide parents with a copy of the center's policy on management of communicable diseases;
20. Provide parents with a copy of the center's policy on the expulsion of children from enrollment;
21. Inform parents that the center is required to comply with the New Jersey Law Against Discrimination (LAD), P.L. 1945, c. 169 (N.J.S.A. 10:5-1 et seq.), and the Americans with Disabilities Act (ADA), P.L. 101-336 (42 U.S.C. 12101 et seq.), and indicate that anyone who believes the center is not in compliance with these laws may contact the Division on Civil Rights in the New Jersey Department of Law and Public Safety for information about filing an LAD claim at (609)292-4605 (TTY users may dial 711 to reach the New Jersey Relay Operator and ask for (609) 292-7701), or may contact the United States Department of Justice for information about filing an ADA claim at (800)514-0301 or (800) 514-0383 (TTY)
22. Inform parents that the center is required to maintain and update at least annually, a list from the Consumer Product Safety Commission (CPSC) regarding unsafe products and make the list available to staff and parents and/or provide them with the CPSC website at <http://www.CPSC.gov/cpscoub/prerel/prerel.html>.
  - (b) The center shall provide the Information to Parents document to each child's parent(s) upon enrollment, and to every person upon becoming a staff member.
    1. The center shall secure and maintain on file a record of each parent's and staff member's signature attesting to receipt of the document.
    2. The center shall maintain on file a copy of the Information to Parents document.

## TUITION, FEES AND PAYMENT POLICIES

- One month's tuition payment along with the annual membership fee and any other contracted services (i.e. extended care/before care) is due one month before your scheduled program start date.
- Tuition is billed on the first of the month prior to the date services are rendered.
- Anyone starting on or after the 15th of the month is required to pay ½ month's tuition.
- For those that are enrolled in the Automatic Payment Program your credit card will be charged 21 days prior to the end of the month.
- Payment may be made by cash, credit card, check, bank draft or money order and may be sent directly to our Central Business Office; 490 Morris Avenue, Summit, NJ 07901 Attn: Business Manager, Childcare. If you have children enrolled in multiple childcare programs across the Summit Area YMCA, tuition may be put on one check.
- A late fee of \$25 will be posted to the child's account if payment is not received by the 10th of the month.
- Suspension letters will be issued by the 20th of the month if payment is not received.
- The Learning Circle YMCA has the right to deny services for those whose accounts that are not up to date by the 1st of the month. Accounts must be paid in full before being re-admitted to the Program.
- Deposits will not be accepted for Financial Assistance recipients until all paperwork is received and approved.
- Scheduled days may not be exchanged for an unscheduled day. Schedule change forms must be received in the business office by the 20th of the month prior to billing (ie., a change to the schedule for March must be received by January 20th).
- Credit is not given for days your child does not attend, or for days the Center does not open due to emergency closings, delayed openings or early closings. Days cannot be rescheduled.
- Unscheduled days are to be paid on the day service is received. Additional requests for extended care or unscheduled days may be denied if payment is not received.
- Any child that is not picked up by 6:00 p.m. and is not contracted for extended care will be charged the extended care late fee.
- If the child is not collected from the Program by the scheduled pick up time, a fee will be charged and payment must be provided within one business day of the service being provided. If the Parent/Guardian fails to collect the child by 7:00 p.m. there is a \$5.00 per minute charge. If there are more than 2 occurrences of late pick up, The Learning Circle reserves the right to terminate the provision of extended care services.
- Withdrawal from the program requires one month's notice. Withdrawals will be effective either the 15th or the 30th of the month.
- Minimum withdrawal time from the program is six weeks. If you are planning on returning to the program, a pre-admission form needs to be completed. Payment is due one month prior to start date. Completing a pre-admission form does not hold an opening but informs the Director of your interest.
- For additional information please check the billing and collection policy.

# PROGRAM DESCRIPTIONS

## INFANTS

The Infant Program provides care for children six weeks to eighteen months of age. Each child is paired with a Primary Caregiver to work with parents in meeting their child's developmental milestones in a nurturing and safe environment. The program progresses from early sensory stimulation to promote learning and development through the stages of independent exploration and social interaction with peers. The Primary Caregivers promote learning by initiating activities based on each child's behavior and interests. The children receive weekly music enrichment, outdoor walks, and patio/playground time as weather permits.



## TODDLER

The Toddler Program pairs each Toddler with a Primary Caregiver to track the child's daily activities and set individualized goals to promote language, social skills, independence, and small and large motor development. Toddlers gather together in small groups for short periods of times, which allows for full participation of each child. Children have the opportunity to develop at their own pace and are encouraged to undertake activities as they become developmentally ready. Play is self-directed. Toddlers are provided with weekly music enrichment and daily indoor/outdoor gross motor time.

## PRE-SCHOOL

In the Preschool Program the children learn many new skills in a safe, nurturing environment. Preschool classrooms are set up to support trust, autonomy and initiative. Teachers are equally concerned with the Social/Emotional Development, the Cognitive/Academic Development and the Motor Development of each child. The curriculum introduces children to the Curriculum Content Areas that are laid out in the Preschool Teaching and Learning Standards. Preschoolers are provided with weekly music enrichment and daily opportunities for gross motor activities on our playground.

## PRE-K

The Pre-Kindergarten program bridges the gap between preschool and kindergarten. This is an exciting year of growth and learning. Children experience academic challenges and further develop socially, emotionally and physically. By the end of the year the children will have the knowledge, skills and maturity necessary for a successful transition into kindergarten.

Attention is focused on all areas of development, Social Emotional Development, Cognitive or Academic Development and Motor Development of the child. Weekly planning focuses on all Curriculum Content Areas. The areas are English, Language Arts, Mathematics, Science, Social Studies, Family and Life Skills, Visual and Performing Arts, Social/Emotional Development, Technology, Health, Safety and Physical Development and World Languages. The children are provided with weekly music enrichment, swim, gym and daily opportunities for gross motor activities on our playground.

## ALL DAY KINDERGARTEN

The All Day Kindergarten is dedicated to developing effective, creative and self confident children, who are fully prepared to enter first grade. The Program includes overall scholastics and provides guidance in building self-esteem. The curriculum is organized around Child Development Goals and School Readiness Skills.



## SCHOOL AGE AFTER CARE PROGRAM

Children in our School-Age After Care program experience a combination of scheduled, organized activities, as well as free time while being closely supervised by our experienced staff. Our program includes snacks, quiet time for homework, games, as well as arts and crafts. Children may also register in enrichment classes being offered at the Summit YMCA. Our responsible child care staff prepares your child for their class and transitions them to and from their enrichment, swim and/or sports program. This afterschool enrichment/child care program transports children from certain local schools via school bus to the Summit YMCA when school lets out in the afternoon.

## ENRICHMENT

At The Learning Circle YMCA we provide enrichment programs in addition to our curriculum. The children in Preschool, Pre-K and All Day Kindergarten also attend swim and gym classes at the Summit branch. Children in preschool through All Day Kindergarten also participate in the Reading is Fundamental [RIF] program.

## YMCA YOUTH MEMBERSHIP

A YMCA Youth Membership is required of every child enrolled in a YMCA childcare program and must be renewed annually. The benefits of an annual Youth Membership includes:

- Reduced rates for classes outside of childcare programs
- Early registration for classes, sports leagues and camp
- Open gym
- Open Family swim
- Open Rockwall Climb time

## SUMMER CAMPS

Summer Camps are offered at the Summit YMCA, the Berkeley Heights YMCA and The Learning Circle YMCA. **Camps run for weekly sessions (except for The Learning Circle YMCA where they are month-long sessions) during July and August.**

Camps offered include: traditional day camps, sports camps, preschool camps, and specialty camps including, arts, golf, drama, horseback riding, science, video animation, dance and more.

# YOUTH MEMBERSHIP BENEFITS

## OUR MISSION

Our mission is to nurture the potential of every child, promote healthy living and foster a sense of social responsibility in our community.

## JOIN YOUR FAVORITE YOUTH SPORTS LEAGUES HAVE FUN & SAVE! ENJOY MEMBER RATES



## OPEN GYM TIME, ENRICHMENT CLASSES & MORE



### SPORTS, ENRICHMENT & TONS OF FAMILY FUN!

Pee Wee Soccer  
T-Ball  
Nerf Wars  
Zumba  
Fencing  
Teen TRX  
Swimming\*

Art  
Sewing  
Music  
Parties  
Trips  
**AND MUCH MORE!**

\*Swimming only available at the Summit YMCA branch



## ROCKWALL CLASSES

Enjoy climbing our indoor rockwall at the Summit YMCA! Climbing classes available for children ages 5 and up.

- LEARN SAFE CLIMBING TECHNIQUES
- PLAY GAMES AND HAVE FUN
- INCREASE FLEXIBILITY
- BUILD UPPER BODY STRENGTH

## FAMILY SWIM

Enjoy the pool with your family! Family swim is a recreational swim time where families can enjoy quality time playing together in our pool.

Family time in the pool helps...

- CHILDREN GROW COMFORTABLE BEING IN AND AROUND WATER
- BUILD SWIMMING ABILITY AND SKILLS
- INCREASE FAMILY BONDING

Noodles, balls, and toys are available!



### BERKELEY HEIGHTS YMCA

A branch of the Summit Area YMCA  
550 Springfield Avenue | (P) 908 464 8373  
Berkeley Heights, NJ 07922 | (F) 908 508 1059

### THE LEARNING CIRCLE YMCA

A branch of the Summit Area YMCA  
95 Morris Avenue | (P) 908 273 7040  
Summit, NJ 07901 | (F) 908 273 5670

### SUMMIT AREA YMCA ASSOCIATION SERVICES

A branch of the Summit Area YMCA  
490 Morris Avenue | (P) 908 273 4270  
Summit, NJ 07901 | (F) 908 273 4272

### SUMMIT YMCA

A branch of the Summit Area YMCA  
67 Maple Street | (P) 908 273 3330  
Summit, NJ 07901 | (F) 908 273 0258



[www.theSAY.org](http://www.theSAY.org)

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