



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS CAMP

WHEN: June 19, 2023 – August 25, 2023

COST: \$365/week

LOCATION: WATCHUNG RESERVATION

For more information, please visit
[THESAY.ORG/CAMP](https://thesay.org/camp) or:

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Sports Director

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IMPORTANT

Campers are required to wear their camp T-shirts on trip days.
Campers must wear sneakers at all times. Please make sure you send your child to camp each day with sunscreen, a lunch, AM and PM snacks, and a refillable water bottle.

Camp hours are 9AM to 4PM. Drop-off at the Reservation is from 8:45-9AM. Pick-up is from 3:45-4PM. There is a \$2/minute late fee for campers picked up after 4PM. Pre and Post Camp options are available to extend your camp day from 7AM-6:30PM. AM and PM Transportation options are also available.

Items needed daily:

Clothes for an active day

Backpack or Bag

Sneakers should be worn (or packed every day)

Sunscreen

Water Bottle

Spending money



* The SAY is not responsible for any lost money or electronic devices.

**All trips with an asterisk are water related. Campers should bring a towel and swim suit on swim and water related field trips.

***Field trips are subject to change due to weather and other unforeseen circumstances.

REMINDERS

Bring a bathing suit and towel for swim days and get ready to have a RRRoaring good time dressing in your favorite animal attire Tuesday!

Bring a bathing suit and towel for swim days. What better way to kick off the summer than with a luau and a trip to creative fun at the Crayola Experience!

Bring a bathing suit and towel for swim days Show your pride for the red white and blue on Wednesday and get ready to cheer on your knight at Medieval Times on Friday!

Wear your coolest bathing suit, flippers, goggles, and floaties for a wet and wild day on Tuesday. Bring your bathing suit and towel on swim days.

Bring a bathing suit and towel for swim days. Put me in coach! Wear your favorite sports jersey and team apparel on Tuesday!

Bring a bathing suit and towel for swim days. Dress your best for any decade you'd like! 70's, 80's, 90's, 00's all have something special worth reminiscing about!

Bring your bathing suit and towel on swim days and for Thursday's trip. Tuesday let's celebrate diversity and wear something that represents you or your favorite culture!

Put on your favorite marvel gear and meet us at camp for two amazing days of super hero challenges. Campers will be going to see the Somerset Patriots play!

Bring a bathing suit and towel for swim days. Show us your wildest side this week! Crazy hair, wacky outfits, mismatched socks. we want it all!

There's a huge surprise waiting for the campers this week! What a treat! Remember to represent your team's color every day!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1 6/19-6/23	SWIM DAY AT THE SUMMIT YMCA	THEME: ANIMAL PLANET	SWIM DAY AT THE SUMMIT YMCA	TRIP: TURTLE BACK ZOO	SWIM DAY AT THE SUMMIT YMCA	
WEEK 2 6/26-6/30	SWIM DAY AT THE SUMMIT YMCA	THEME: HAWAIIAN HULLABALOO	SWIM DAY AT THE SUMMIT YMCA	TRIP: CRAYOLA FACTORY	SWIM DAY AT THE SUMMIT YMCA	
WEEK 3 7/03-7/07	SWIM DAY AT THE SUMMIT YMCA	4TH OF JULY: NO CAMP	SWIM DAY AT THE SUMMIT YMCA	THEME: PARTY IN THE USA	TRIP: MEDIEVAL TIMES	
WEEK 4 7/10-7/14	SWIM DAY AT THE SUMMIT YMCA	THEME: SPLISH SPLASH BEACH PARTY	SWIM DAY AT THE SUMMIT YMCA	TRIP: SEAQUEST AQUARIUM	SWIM DAY AT THE SUMMIT YMCA	
WEEK 5 7/17-7/21	SWIM DAY AT THE SUMMIT YMCA	THEME: SPORTS SPECTACULAR	SWIM DAY AT THE SUMMIT YMCA	TRIP: BRANCHBURG SPORTS COMPLEX	SWIM DAY AT THE SUMMIT YMCA	
WEEK 6 7/24-7/28	SWIM DAY AT THE SUMMIT YMCA	THEME: DECADES OF FUN	SWIM DAY AT THE SUMMIT YMCA	TRIP: STERLING HILL MINING MUSEUM	SWIM DAY AT THE SUMMIT YMCA	
WEEK 7 7/31-8/4	SWIM DAY AT THE SUMMIT YMCA	THEME: AROUND THE WORLD	SWIM DAY AT THE SUMMIT YMCA	TRIP: LAKE TOMAHAWK*	SWIM DAY AT THE SUMMIT YMCA	
WEEK 8 8/08-8/12	SWIM DAY AT THE SUMMIT YMCA	THEME: SUPER HEROES AND VILLAINS	TRIP: SOMERSET PATRIOTS	STEAM ACTIVITIES DAY!	SWIM DAY AT THE SUMMIT YMCA	
WEEK 9 8/15-8/19	SWIM DAY AT THE SUMMIT YMCA	THEME: WHERE THE WILD THINGS ARE	SWIM DAY AT THE SUMMIT YMCA	TRIP: WILD WEST CITY	SWIM DAY AT THE SUMMIT YMCA	
WEEK 10 8/22-8/26	SWIM DAY AT THE SUMMIT YMCA	THEME: COLOR WARS	SWIM DAY AT THE SUMMIT YMCA	TRIP: FIELD DAY	SWIM DAY AT THE SUMMIT YMCA	