Thank you so much for your support!

Please send the completed form and payment to:

SUMMIT AREA YMCA
Attn: Ceci Aristizabal
490 Morris Avenue, Summit, NJ 07901

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SUMMIT AREA YMCA
MOTHER’S DAY
5K RUN/WALK
SUNDAY, MAY 8, 2016
Bolton Boulevard and Park Avenue
Berkeley Heights, NJ 07922

PARTNERS IN HEALING THE WHOLE PERSON

LIVESTRONG® at the YMCA is one of the Summit Area YMCA’s most impactful and critical programs. This free 12-week, small group recovery program is specially designed for adult cancer survivors, supporting them as they transition from treatment to a physical and emotional return to normalcy.

As part of our mission to promote healthy living and to inspire caring for those members of our community who need help, the Summit Area YMCA works to provide programming and support to individuals of all ages and abilities. The LIVESTRONG at the YMCA program helps us assist cancer survivors in building muscle mass and strength, increasing flexibility and endurance, and improving functional ability.

The program is offered free-of-charge at both the Berkeley Heights YMCA and Summit YMCA to all members of the community. To register for our next session or for more information, visit us at www.theSAY.org or call Lisa McQuilkin, Wellness Director at the Berkeley Heights YMCA at 908 464 8373 x2026 or Sue Fieseler, Director of Community Wellness at the Summit YMCA at 908 273 3330 x1167.

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**SUMMIT AREA YMCA 14TH ANNUAL MOTHER’S DAY 5K RUN/WALK**

Join us in our chip-timed, USATF-sanctioned Grand Prix race with digital mile clocks on Sunday, May 8 and run or walk to raise funds in honor or in memory of a cancer survivor in your life!

**REGISTRATION:** Complete the attached application and return it with your entry fee to Summit Area YMCA, Attn: Ceci Aristizabal, 490 Morris Avenue, Summit, NJ 07901.

**ENTRY FEES:** Early Registration, postmarked by April 22, is $25. Thereafter and on race day, registration is $30. USATF Members receive $3 discount when registered prior to April 29. (MUST PROVIDE USATF MEMBER NUMBER TO RECEIVE DISCOUNT)

**AWARDS:** Awards will be given to M/F overall, M/F 1st, 2nd, 3rd Place in each age category: 6-9, 10-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and older.

**AMENITIES:** T-shirts and gift bags guaranteed to all participants whose registrations are received by April 24. Snacks, beverages, and entertainment will be available at Memorial Field. On-site bathrooms will be provided.

**COURSE & LOCATION:** USATF-sanctioned Grand Prix course posted on www.theSAY.org. Race begins and ends at Memorial Field in Berkeley Heights, NJ. Course runs through Berkeley Heights neighborhoods on rolling hills and flats.

**ENTRY FEES:**

- Early Registration, postmarked by April 22: $25
- Race Day: $30

**WAIVER/PUBLICITY RELEASE:** The Summit Area YMCA, USATF, the Town of Berkeley Heights, their leaders, officials, sponsors, and/or anyone connected with the race shall not be liable for any injuries, illness, loss, or damage to any person or property as a result of participation in this race. Each participant assumes the risk associated with a 5k event. I release any and all liability attributed in any legal way to the aforementioned groups. I attest to the best of my knowledge that I am physically fit and able to compete in the Mother’s Day 5K 2016. I grant permission to all the foregoing to use my photographs, motion pictures, recording, or any other record of this event for any and all purposes. By signing my name below, I certify that I have read all terms and conditions of this release and do intend to legally bind myself.

**PARKING:** Parking is available at the train station and along Springfield Avenue.

**RUN/WALK SCHEDULE**

<table>
<thead>
<tr>
<th>EVENT</th>
<th>LOCATION</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Race Check-In</td>
<td>Berkeley Heights YMCA</td>
<td>SAT MAY 7 1:00-4:00pm</td>
</tr>
<tr>
<td>Race Day Check-In</td>
<td>Memorial Field, Berkeley Heights</td>
<td>SUN MAY 8 7:00-8:30am</td>
</tr>
<tr>
<td>Runner Warm-Up</td>
<td>Main Stage, Memorial Field</td>
<td>8:35-8:50am</td>
</tr>
<tr>
<td>SK Race Start</td>
<td>Starting Line, Bolton Boulevard</td>
<td>9:00am</td>
</tr>
<tr>
<td>Family Magic Show</td>
<td></td>
<td>9:00-9:20am</td>
</tr>
<tr>
<td>Musical Entertainment</td>
<td></td>
<td>9:20-9:45am</td>
</tr>
<tr>
<td>Zumbal</td>
<td>Main Stage, Memorial Field</td>
<td>9:45-10:00am</td>
</tr>
<tr>
<td>Tot Trot</td>
<td></td>
<td>10:00-10:10am</td>
</tr>
<tr>
<td>5K Awards Ceremony</td>
<td></td>
<td>10:00am</td>
</tr>
</tbody>
</table>

**MISC:** Race results can be found online at www.bestrace.com following the race. Please be sure to leave all personal items in your car upon arrival; there will not be a secure area to leave personal belongings during the race.

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**SPONSORSHIP OPPORTUNITIES**

<table>
<thead>
<tr>
<th>SPONSORSHIP BENEFITS</th>
<th>PLATINUM $5,000*</th>
<th>GOLD $2,500</th>
<th>SILVER $1,000</th>
<th>BRONZE $500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Company logo displayed on Mother’s Day 5K website</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Company logo on SAY website</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Premium logo size and positioning on event signage, t-shirts, flyers, posters</td>
<td>X</td>
<td></td>
<td></td>
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<tr>
<td>Company logo on event signage, t-shirts, flyers, posters</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Company listing on event flyers and t-shirts</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Company logo on member interactive board in Summit YMCA lobby</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Branch Signage Association-Wide for 1 year</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Branch of Choice Signage for 1 year</td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>May provide literature or promotional items to be included in race gift bags</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sponsor table provided at event to promote company and distribute promotional material</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Membership in Chairman’s Roundtable giving society (including invitation to annual 1886 Dinner)</td>
<td></td>
<td></td>
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<tr>
<td>Inclusion in Press Release</td>
<td></td>
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</tr>
<tr>
<td>1/2 Page Ad in the YMCA Program Guide (850 copies) for one year</td>
<td>X</td>
<td></td>
<td></td>
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<tr>
<td>Annual Report listing</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Free race registration</td>
<td>20</td>
<td>10</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>Tax-Deductible Donation</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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</tbody>
</table>

*Platinum Sponsorships include category exclusivity:

**SPONSORSHIP DESCRIPTION**

**KICK-OFF SPONSOR**

- Exclusive logo listing on starting/finish line banner
- Company representative to officiate start of race

**FAMILY ENTERTAINMENT SPONSOR**

- Exclusive logo listing on entertainment stage
- Company representative to speak at start of award ceremony

**GIFT BAG SPONSOR**

- Exclusive logo listing on event reusable bags, to be distributed to approximately 900 runners

**REFRESHMENT SPONSOR**

- Exclusive logo listing on refreshment tent
- Exclusive logo on all bottled water distributed at event

---

**RACE PARTICIPANT REGISTRATION**

Register online at thesay.webconnex.com/2016 or complete the form below and return it along with your entry fee to the address listed below.

**OFFICIAL ENTRY FORM**

Name

<table>
<thead>
<tr>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
</table>

DOB / / 

I am a YMCA member

I am a USATF member

2016 USATF-NJ Member Number

T-Shirt Size (circa): Guaranteed if registered by April 24

YS YM YM YM YM YM YM

MS MM MML MML MML

Parent Name (if under 16)

Participant Address

City Zip

Phone Email

Emergency Contact Name

Emergency Contact Phone

I am registering as an individual racer

I am registering as a team of Team

Each team member must complete entry form

I am a cancer survivor

I will run in honor of

I will run in memory of

I would like to make an additional donation $ 

I cannot attend but please accept my tax-deductible contribution of $ 

Credit Card #

Exp. Date

CSV Name on card

Exp. Date

Please send completed registration form and check made payable to: SUMMIT AREA YMCA Attn: Ceci Aristizabal 490 Morris Avenue, Summit, NJ 07901

*Email address is required so that emergency information regarding the race can be shared in a timely fashion.

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Signature

Parent signature

(If participant is under 16)