



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# RELIEF FOR A BETTER TOMORROW

## Painful Diabetic Neuropathy (PDN) Information Session

Painful Diabetic Neuropathy (PDN) is a condition that affects 20–25% of people with diabetes. PDN may cause severe pain in the limbs ranging from burning and freezing sensations, hypersensitivity or deep aching in addition to other symptoms. HFX for PDN is a therapy treatment, developed by Nevro, that provides pain relief for diabetic neuropathy. Learn how HFX for PDN works and determine if it's an option for you.

**Friday, February 4**  
**11:45 AM – 12:30 PM**  
SUMMIT YMCA  
Triangle Room  
Free Event

**Contact: Valeria Tenreiro**  
valeria.tenreiro@thesay.org  
(908) 273-3330 ext. 1137

All guests must complete the Y's online  
waiver prior to the event.

[www.thesay.org/guest-waiver](http://www.thesay.org/guest-waiver)