



the

YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMIT AREA YMCA 2022 IMPACT REPORT

The Summit Area YMCA works to support and strengthen the foundations of the communities in Berkeley Heights, Gillette, Millburn, New Providence, Short Hills, Springfield, Stirling and Summit, as it has for over 135 years. Our history is steeped in working side-by-side with our neighbors to provide practical and affordable answers to large-scale community issues such as child care, healthy living, and the achievement gap among students. Your help supports the scholarships and free programs the Summit Area YMCA offers in response to community need, some of which you'll find below.

YOUTH DEVELOPMENT | Developing a new generation of change makers.



1,673 CHILDREN

developed confidence and team building skills through our youth sports programming.



510 STUDENTS

became YMCA members through the 7th Grade Initiative Program to become more active, healthy, and engaged.



73 8TH GRADERS

got involved in community projects and socialized with peers in the 8th Grade Leaders Program.



108 ACHIEVERS

received college preparation, tutoring, and career mentorship opportunities in 2022.



937 CAMPERS

enjoyed their summer while learning new skills, improving self-esteem, and making friends.



HEALTHY LIVING | Improving well-being in mind, body, and spirit.



627 PEOPLE

took part in foundational swim lessons that taught them how to be safe around water.



4,635 GROUP EX CLASSES

were held, providing opportunities for people of any skill level to become active and healthy.



22 SURVIVORS

began to rebuild their flexibility, strength, mobility, and outlook through LIVESTRONG® at the YMCA.



1,144 PICKLEBALL SESSIONS

more than 2X more than the prior year to accommodate the growing demand of this popular sport for all ages.



SOCIAL RESPONSIBILITY | Inspiring action and creating equitable communities.



1,604 LOCAL FAMILIES

received financial assistance for Y programming and memberships.



106K+ POUNDS OF FOOD,

in addition to diaper and period products, were distributed in partnership with the Community FoodBank of NJ.



411 LIVES SAVED

in partnership with the American Red Cross thanks to all who donated blood at our quarterly blood drives.



89 DONORS

purchased toys, clothing, and gifts for families in need over the holiday season.

