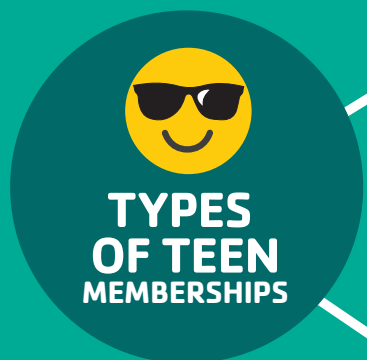




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TEEN PROGRAMS AT THE Y



FEE BASED TEEN MEMBERSHIPS

Teens get **FULL ACCESS** to everything in the Summit YMCA: two swimming pools, fitness center, weight room, fitness classes, gymnasium + Teen Space and more!

FREE TEEN MEMBERSHIPS

7GI
7TH GRADE
INITIATIVE

8GL
8TH GRADE
LEADERS

**TEEN
SPACE**
PROGRAMS

**ACHIEVERS
COLLEGE &
CAREER PREP**

GRADE LEVELS

7

8

6-12*

9-12



7th Graders ages 11-13 get **FULL ACCESS** to the facility to exercise + enjoy 7th grade specific events and social outings!

8th Graders get **FULL ACCESS** to the facility to exercise + build character and leadership skills through community service projects.

Teen Space members get access to Teen Center, special events and teen enrichment programs.

Participants get **FULL ACCESS** to the facility + get resources and support for applying to college and finding career interests.



FREE TEEN MEMBERSHIP REQUIREMENTS

ALL PARTICIPANTS MUST SCAN IN

- Complete 8 equipment demos within 2 months of signing up

- Attend 1 meeting, event or service project per month

- *Requirements may vary between Teen Space programs. Please check with Member Services.

- Attend 2 meetings, events or service projects per month

SUPPORTING HEALTHY LIFESTYLES

Learn how to correctly use fitness equipment, proper form and techniques with Y Staff to get the best workout for you!

SAFE SPACE WITH SUPERVISION

Enjoy free time with friends at the Y! We've got video game tournaments, sports, cooking classes, yoga, special events and more in a safe and low key environment!

BUILDING CHARACTER & LEADERSHIP

TEEN SPACE PROGRAMS

- Teen Center
- Teen Chef
- Teen Nights
- Teen Yoga
- Achievers
- Girls Who Code
- Mind Body Fitness
- VolunTeens

FOR MORE INFO CONTACT:

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