



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2017

ANNUAL REPORT

SUMMIT AREA YMCA



EXPLORING NEW DEPTHS



Our mission

is to strengthen the foundations of community by nurturing and developing the potential of every child, promoting healthy living, and fostering a sense of social responsibility.

DEAR FRIENDS,

The Summit Area YMCA continues to be a leading non-profit provider of wellness, aquatics, child care and camp services in the seven communities we serve. During a divisive time, we are committed to creating a culture in which diversity and inclusion are integral to everyday operations. The Y is made up of people from all walks of life who are joined together by a shared commitment to ensure that everyone has the opportunity to learn, grow and thrive. We continue to offer free programming for 7th graders, college and career preparation for teens, assistance for adult cancer survivors in recovery, free swim lessons for second graders, free meals for food insecure elementary school students and their families, gatherings spaces and events for seniors, international festivals celebrating the diversity of our members and of course, over \$500,000 in direct financial assistance. The measure of our impact is not simply measured by dollars raised or member enrollment. We judge our true impact as measured by an infant's smile as she is rocked to sleep, a child's excitement the first time he dribbles a basketball, a camper reading during summer camp, a teen's acceptance to college, a young adult reconnecting with old friends in the wellness center, a working parent enjoying a rigorous exercise class, or a senior making a new friend.

Our efforts are guided by our new Strategic Plan which empowers us to address the rapidly changing landscape of our national, regional and local communities. As a cause-driven organization our three pillars for youth development, healthy living and social responsibility help us deliver values, principals and outcomes that are important to the community. We have a focus on quality and safety, with a promise to all who walk through our doors to have a positive experience. We know that you have high expectations of our Y, and we work to ensure you are pleased with every interaction you have with us.

The Y is constantly evolving to meet the changing and diverse needs of our community. We are collaborating with individuals and other community organizations to tackle such issues as food insecurity, mental health, social inequality, economic disparity and the opioid epidemic to make substantive, positive changes in our community. We truly believe that the work of many can always right the misfortunes of even one.

We are grateful for the many dedicated volunteers who give of themselves and devote their time and talents to making our Y and the community stronger and better. We alone cannot make change; we must work together for a better us.

Thank you for giving us the opportunity to serve.

Best,

Paul Kieltyka
President & CEO

Jagruti Oza
Board Chairwoman

FOR YOUTH DEVELOPMENT

UNLOCKING POTENTIAL



CHARACTER & Y VALUES

Our Childcare programs use the Y Value cards to “Catch Children Doing Good.” Children who exemplify one of the four core values — Honesty, Respect, Responsibility and Caring — are awarded a card. We strive to partner with parents to develop well-rounded and socially responsible children.

PROVIDING PARENTS PEACE OF MIND AND CHILDREN A PLACE TO DISCOVER.



SPORTSMANSHIP, DISCIPLINE, TEAMWORK

Coaching basketball is a way for me to spend time with my son and volunteer. My dad coached me as a boy, and now I get to coach my son and teach him good sportsmanship, teamwork and discipline. It is so rewarding to watch the kids improve each week. The Y brings people together and strengthens family bonds.

— Coach Kevin



DIVERSE ABILITIES

AJ is on the spectrum, so it is difficult to find programs and a supportive environment for him. With Sundays in Motion, he was able to be himself and enjoy the open gym and swim. He gets excited every time we go to the Y and is building his social skills by interacting with other children.

— Sarah



CONNECTED CHILDCARE

The Kinderwrap program exceeds our family’s expectations. Our daughter loves being part of the Y’s morning activities (swimming, cooking and music) before she gets on the Y bus for afternoon kindergarten. At the Y, we know she is happy and safe and that gives us peace of mind.

— Jonathan



LEADERSHIP & GROWTH

Leaders-in-Training camp has made me a more confident, prepared teen. I learned to draft a resume, to dress and interact at a job interview and received my CPR certification. I got to work with younger Y campers which showed me I could have a positive impact on others and be a role model.

— Harry



CREATIVITY & CRITICAL THINKING

We look for innovative ways for our students to learn, have fun and thrive. Our STEAM curriculum helps children to take thoughtful risks, dabble in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process.

— Ruby, The Learning Circle YMCA Senior Program Director

FOR HEALTHY LIVING MOTIVATING WELLNESS

ALL ABILITIES

The Y has helped Brian, who has autism, to set goals, stay the course and achieve results. He's lost over 20 lbs since he started working out and is more self-confident. I am blessed to see my child succeed in a welcoming, tolerant environment.

— Debra

CREATING A
SUPPORTIVE
SPACE WHERE
MIND, BODY,
AND SPIRIT
CAN THRIVE.

ALL INTERESTS

The Y is an all-in-one center. I like Zumba and the treadmill, my husband likes weights, and my kids love swimming. Both our children learned to swim at the Y and it keeps them active, healthy, and more confident around the water.

— Lu Ai

ALL STRENGTHS

After my cancer treatments, the LIVESTRONG® at the YMCA program was a springboard for me to get motivated to get stronger and healthier. The staff, other participants, and the Y was a friendly and supportive place for me to rebuild my life. I even started doing Zumba!

— Leonora

ALL CONNECTIONS

Moving to NJ from FL was hard and I stress-ate. And, the older you get the harder it is to stay fit. At the Y, I met women who encouraged me to stay connected and become fit. Because of the Y, I've made friends, found a community, teach classes and have lost 25 lbs.

— Christy

ALL FITNESS LEVELS

It was only after I emerged from my week-long coma that I knew I had to do something to increase my cardiac usage from its 45% level. I'm so glad I joined the Healthy Hearts Cardiac Rehab program. It has helped build my endurance and strength. The program instructors teach and encourage independence which has empowered me to exercise on my own.

— Arthur

ALL AGES

As an organization committed to meeting families needs, the Y offers programs for all age groups to address health, nutrition, exercise and togetherness. Individuals can bond while doing separate things.

FOR COMMUNITY INSPIRING STEWARDSHIP OF OTHERS



TOGETHERHOOD™ PROGRAM

Our YMCA is committed to supporting the communities we serve. Our Social Responsibility Service Committee has identified community needs and created projects that help our members give back and support their neighbors, including holiday luncheons, wellness classes for seniors and coat drives for the homeless.

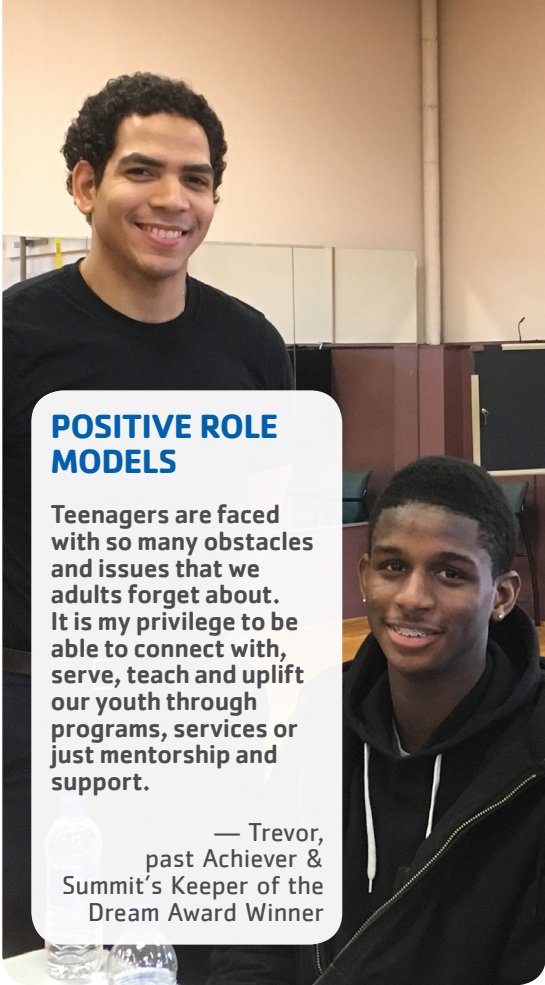
COMING
TOGETHER TO
SERVE OUR
COMMUNITIES
AND SUPPORT
OUR NEIGHBORS.



FINANCIAL ASSISTANCE

A big challenge I face as a single mother is to find a safe, happy and nurturing place for my daughter while I am at work. I am so grateful that TLC YMCA provides assistance so that we can have this wonderful, affordable daycare option. When I pick her up at night it is clear that she has had a day full of fun and learning surrounded by people who care about her well-being.

— Angela



POSITIVE ROLE MODELS

Teenagers are faced with so many obstacles and issues that we adults forget about. It is my privilege to be able to connect with, serve, teach and uplift our youth through programs, services or just mentorship and support.

— Trevor,
past Achiever &
Summit's Keeper of the
Dream Award Winner



FOOD INSECURITY: FAMILY BACKPACK PROGRAM

The Y is the bridge that provides families with the resources they need. Together with the Summit schools, The Junior League and the Community Food Bank, the Family Backpack Program provides children with weekend supplemental meals to address issues of food insecurity. We care about the whole child – their education, nutrition, health, wellbeing.

— Ron, Jefferson Elementary
School principal

ADDRESSING COMMUNITY NEEDS

INCLUSIVE SPACES & COMMUNITY PARTNERSHIPS

DIVERSITY & INCLUSION

We are proud to be a part of the national YMCA's Diversity, Inclusion and Global Innovation Network. We are dedicated to providing programs, events and services to the community that are welcoming of all nationalities, cultures, ethnicities and backgrounds so that individuals connecting with us feel safe and included, and where their unique differences can be appreciated and celebrated.

Here we celebrate Holi, the Indian festival of Spring; Diwali, the cultural Festival of Lights; Friday Fun Night, Welcoming Week, International Day and more.



HOLI COLOR FESTIVAL

With over 250 guests in attendance, the Summit community joined together to celebrate the joy of spring with the throwing of Gulaal color powder, enjoying authentic Indian cuisine, music and more.



LISTENING TO OUR TEENS

During the Martin Luther King, Jr. Day of Service, teens from our Achievers program participated in a Teen Diversity Panel where they weighed in on current events, politics and more.

FRIDAY FUN NIGHTS

"One of Paul's favorite things to do with the Y is their Friday Fun Nights. Paul has autism, so having activities he can enjoy is great. It's a chance for him to have fun with his friends in a safe, welcoming environment. They've done bowling, Zumba dancing, games, dodgeball and more. He loves it."

—Susan, Paul's mother



CULTURAL APPRECIATION

Children in The Learning Circle YMCA and Berkeley Heights YMCA attend Annual International Nights where food and cultural traditions are shared.



EMPOWERING WITH KNOWLEDGE

The Berkeley Heights Diversity Council and Berkeley Heights YMCA hosted an educational workshop to shed light on understanding prejudice and implicit bias. Topics included the history of race, power and privilege, reflections on individual prejudices, application of new learning to reduce political bias and more.



BERKELEY HEIGHTS COMMUNITY POOL AT THE YMCA

A successful partnership with the BHCP and City of Berkeley Heights enables us to provide sustainable indoor and outdoor health and wellness and recreation services to youth, families and seniors in the community.



VITO GALLO SUMMIT SENIOR CENTER

The Y motivates older adults to stay physically and socially active by offering classes to improve their strength, balance, flexibility, cognitive and emotional well-being. The Y provides at least 3 events per week at the Senior Center: pet therapy, movie nights, spa days, special events and holiday parties.

LAUGH OUT LOUD CHARITY AUCTION & COMEDY

The Summit Area YMCA hosted our 6th Annual Laugh Out Loud (LOL) Comedy & Charity Auction to support subsidized programs at The Hilton Short Hills on November 3.

400 attendees and corporate sponsors raised over \$100,000 to support military families, special needs programs, 7th graders and elementary school students living with food insecurity.



MOTHER'S DAY 5K RUN/WALK



The Annual Mother's Day 5K Run/Walk welcomed nearly 1,300 participants to Berkeley Heights at Memorial Field. Over \$40,000 was raised to benefit the LIVESTRONG® at the YMCA program, a free 12-week adult cancer recovery program designed to help adult cancer survivors reclaim their total health.

An additional \$20,000 was raised in memory of Dawne Hausman — a beloved wife and mother, active community member, volunteer and children's health advocate -- to support childcare scholarships at The Learning Circle YMCA.

MISSION ADVANCEMENT VOLUNTEER

A volunteer who plays a lead role in advancing the Y mission within the community by sharing information about Y initiatives with other community leaders and who helps to broker strategic partnerships and collaborations to meet community needs.



Amanda Corredor



Dr. Donald DeFabio



Dorota Szerszenowicz



Nishita Roesler



Dr. Joseph Tribuna



Mibs Wagner

LIVING OUR CAUSE VOLUNTEER

A volunteer who participates in a leadership capacity by serving as a member of a branch committee or special event planning committee and who acts as a storyteller to help raise funds to support the Y cause.

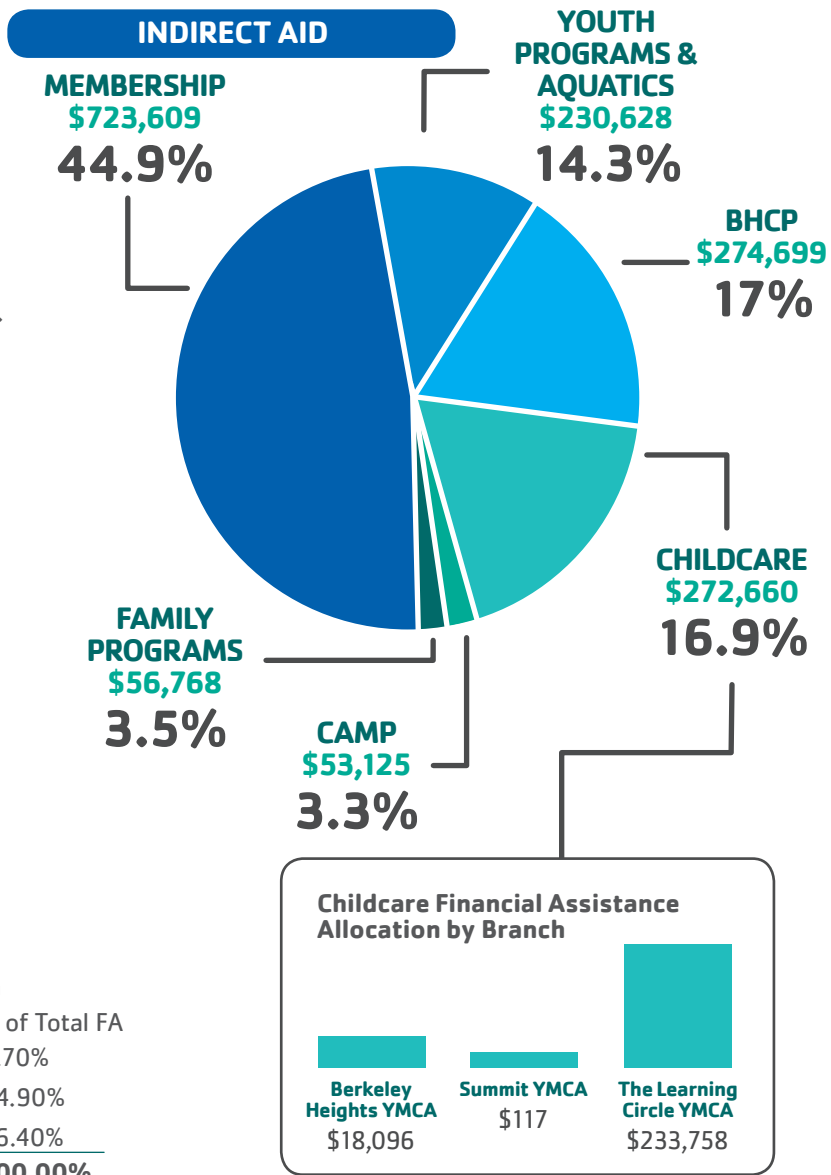
FINANCIAL ASSISTANCE AND SUBSIDIZED COMMUNITY PROGRAMS

As a cause driven organization, our Y provided \$506,522.96 in direct financial assistance to **806 participants** in our community.

In addition, we provided \$1,611,489 in subsidies for childcare, summer camp, membership, youth and teen programs and healthy living activities to allow access for all.



Overall Financial Assistance Allocation by Branch		
Branch	Adjustment Amount	% of Total FA
Berkeley Heights YMCA	\$44,091.29	8.70%
Summit YMCA	\$227,418.67	44.90%
The Learning Circle YMCA	\$235,013	46.40%
Total	\$506,522.96	100.00%



STATEMENT OF FINANCIAL POSITION

DECEMBER 31

ASSETS

Cash and Cash Equivalents
Endowment Funds, Grants and Pledges Receivable
Investments
Prepaid Expenses and Accounts Receivable
Land, Building and Equipment

2017

\$3,292,080
\$419,809
\$7,768,395
\$127,302
\$12,487,137
\$24,094,723

2016

\$2,704,997
\$123,447
\$6,910,982
\$84,729
\$12,363,527
\$22,187,682

LIABILITIES

Accounts Payable and Other Liabilities
Deferred Revenue
Bonds, Notes, and Mortgage Payable

\$852,832
\$160,030
\$1,503,998
\$2,516,860

\$737,041
\$153,334
\$1,679,220
\$2,569,595

Net Assets

\$21,577,863

\$19,618,087

Total Liabilities and Net Assets

\$24,094,723

\$22,187,682

STATEMENT OF ACTIVITIES

DECEMBER 31

SUPPORT & REVENUES

Contributions
Membership Revenues
Program Revenue
Other

2017

\$1,030,948
\$4,591,410
\$8,181,234
\$1,326,404
\$15,129,996

2016

\$918,248
\$4,184,330
\$7,545,138
\$699,992
\$13,347,708

EXPENSES

Salaries and Related Expenses
Occupancy
Professional Fees
Supplies/Equipment
Depreciation
Other

\$8,924,974
\$1,491,393
\$313,153
\$946,544
\$865,036
\$949,753
\$13,490,853

\$8,410,033
\$1,429,827
\$308,863
\$840,045
\$915,277
\$908,452
\$12,812,497

Change in Net Assets

\$1,639,143

\$535,211

2017 LEADERSHIP GIVING

In 2017, board members, the community, staff, sponsors, and foundations gave generously to the Summit Area YMCA to ensure that we can continue changing lives by providing services and programs to all, regardless of one’s financial resources. We are honored to recognize and extend our sincere thanks and gratitude to the following individuals and organizations for their leadership investments in the Y.

THE 1886 SOCIETY

\$25,000+

The Nicholas J. And Anna K. Bouras Foundation
Linda and Robert Flanagan
Mary Reinhart Stackhouse Foundation
M. Eileen Moriarty
Robert Moriarty

\$10,000–\$24,999

Capital Group
Central Presbyterian Church
Francie and Yon Cho
Investors Foundation, Inc.
Peter R. and Cynthia K. Kellogg Foundation
Gail Nelson and David Bona
Nora and Robert Radest
Summit Area Public Foundation

\$5,000–\$9,999

Celgene Corporation
The “Sank Family Fund” of the Community Foundation of New Jersey
E. J. Grassmann Trust
Michelle Berninger and Gregory Fernicola
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Jeffrey and Lisa Giroux
Laura and William Gump
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Robert and Colleen Jeffries
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\$2,500–\$4,999

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Maureen Waterbury

\$1,000–\$2,499

128 Pediatric Association
Allstate Foundation–Agency Hands in the Community
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*Donor listings reflect contributions received from January 1 – December 31, 2017 for the Annual Campaign, Special Events, Programs, and Endowment for the 2017 fiscal year.

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Emily Mimms, VP of Development
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Tiffany Escott, Executive Director, Berkeley Heights YMCA
Joyce Klimaski, Executive Director, The Learning Circle YMCA

The Y.™ For a better us.™

BERKELEY HEIGHTS YMCA

550 Springfield Avenue, Berkeley Heights, NJ 07922
(P) 908. 464. 8373

BERKELEY HEIGHTS COMMUNITY POOL at the YMCA

59 Locust Avenue, Berkeley Heights, NJ 07922
(P) 908. 464. 6214

SUMMIT YMCA

67 Maple Street, Summit, NJ 07901
(P) 908. 273. 3330

Connect with us!
Visit www.theSAY.org

THE LEARNING CIRCLE YMCA

95 Morris Avenue, Summit, NJ 07901
(P) 908. 273. 7040



The Summit Area YMCA is one of area's leading 501c3 organizations. Through the generosity of our members, donors, and partners, we are able to offer financial assistance for our programs and services to those with demonstrated need. To strengthen your community and provide others with the opportunity to learn, grow, and thrive, make your tax-deductible donation today at www.theSAY.org/give.