



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

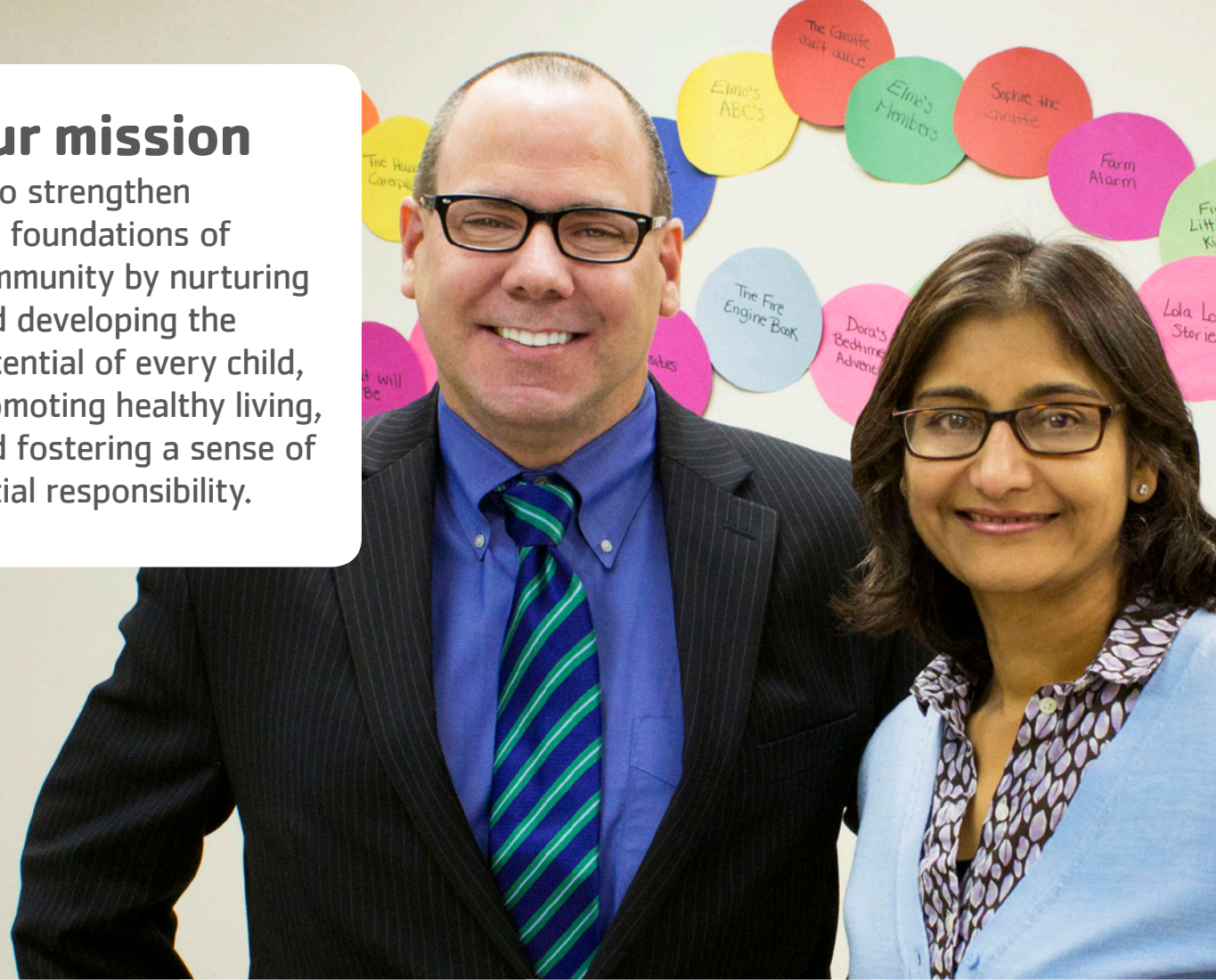


STRENGTHENING OUR COMMUNITY

SUMMIT AREA YMCA 2016 ANNUAL REPORT

Our mission

is to strengthen the foundations of community by nurturing and developing the potential of every child, promoting healthy living, and fostering a sense of social responsibility.



DEAR FRIENDS,

In 2016, the Summit Area YMCA celebrated our 130th year of serving the community. Since 1886, the Y has addressed important social issues confronting our communities; from quality, affordable child care and innovative youth programs to adult cancer recovery, and more, while maintaining our commitment to diversity and inclusion. The adage “the more things change, the more they remain the same” holds true for our Y. Though the social issues impacting our community are ever changing, our commitment to serve community needs never wavers.

To that end, our core values of respect, responsibility, honesty and caring hold strong as we continue to provide the finest programs and services in childcare, camp, health and wellness, aquatics, athletics and more. Our free 2nd Grade Learn to Swim Program is dedicated to teaching swim skills and water safety to all second graders in our seven communities regardless of their families’ financial circumstances. Our staff has worked diligently to ensure our members become and remain healthy with classes and facilities that support their wellness journeys. And, with programs like the Buddy Membership, which gives members and their friends a tangible incentive to become a part of our Y family, we’ve grown our membership ranks to over 10,000 individuals.

130 years of serving others affirms our belief and practice that community collaborations further our collective potential to have a greater impact on a better community. The Summit Area YMCA recognizes that no child shall go hungry in our communities. Although we live in a vibrant community, 14% of students in Summit’s public schools are eligible for free or reduced price lunches. In partnership with the Summit Board of Education, Summit Junior League and Community FoodBank, we now ensure that over 65 less fortunate families are provided with food each week to supplement their weekend meals. We are committed to serving the community beyond the walls of our facilities and beyond our members.

2016 was also the year we were selected to be the first Global Center of Excellence in New Jersey by YMCA of the USA. This designation recognized our organizational commitment to diversity and inclusion in the communities we serve, and our unchanging mission to welcome all regardless of ethnicity, income, religion, age, special needs or abilities and sexual orientation. We are truly a Y for all.

We are proud of our history and will work tirelessly to keep your trust and support for the next 130 years. We will do so by listening carefully as we build on our core tenets of youth development, healthy living and social responsibility in our ongoing quest to make a meaningful, positive difference. Simply put, we will continue to work to make our communities better.

Sincerely,

Paul Kieltyka
President & CEO

Jagruti Oza
Board Chairwoman



LAUGH OUT LOUD ALL STAR COMEDY & CHARITY AUCTION

The Summit Area YMCA hosted our 5th Annual Laugh Out Loud (LOL) Comedy & Charity Auction, a fundraising event for youth programs featuring all-star comedians Adam Sank, a Summit native, Brian Scott McFadden, Robin Fox, and Joe Larson, at The Hilton Short Hills on the evening of October 28. These programs at the Y provide our youth opportunities to tap into their potential and discover their passions and talents.

\$110,000

was raised at the Laugh Out Loud Comedy & Charity Auction, which supported the Y's financial aid program and youth programs. As a social gathering place for all ages, the Y believes that positive youth development is a cornerstone to the foundations of a strong community.

390

guests attended and supported 35 Military Scholarships, 32 Childcare Scholarships, 46 Camp Scholarships and 57 7th Grade Scholarships. Over 60 volunteers and staff gave their time to plan the fundraiser. We'd like to thank our 16 sponsors, most notably Platinum Sponsors Capital Group and Investors Bank for contributing to the event's success.

\$35,000

was raised to support the LIVESTRONG® at the YMCA program, which is offered at both the Berkeley Heights YMCA and the Summit YMCA branches.

900+

registered runners participated in the 2016 Mother's 5K Run/Walk. Participants of all ages, ethnicities and backgrounds joined together in the 5K to support and honor those impacted by cancer.

The Annual Mother's Day 5K Walk Run was hosted in Berkeley Heights at Memorial Field. Proceeds from the event benefited the LIVESTRONG® at the YMCA program, a free 12-week adult cancer recovery program designed to help adult cancer survivors reclaim their total health. We'd like to thank our 28 sponsors, most notably Platinum Sponsors Atlantic Rehabilitation, Dun & Bradstreet, and The Office Tavern Grill for contributing to the event's success.

SUPPORTING THE LIVESTRONG® AT THE YMCA PROGRAM
MOTHER'S DAY 5K RUN/WALK

FOR OUR YOUTH UNLOCKING POTENTIAL

PROGRAMS



1,061

youth learned sportsmanship, teamwork, and skills in our sports leagues and clinics.

1,785

swim lessons taught youth invaluable swim safety skills thereby reducing the risk of accidental drowning.

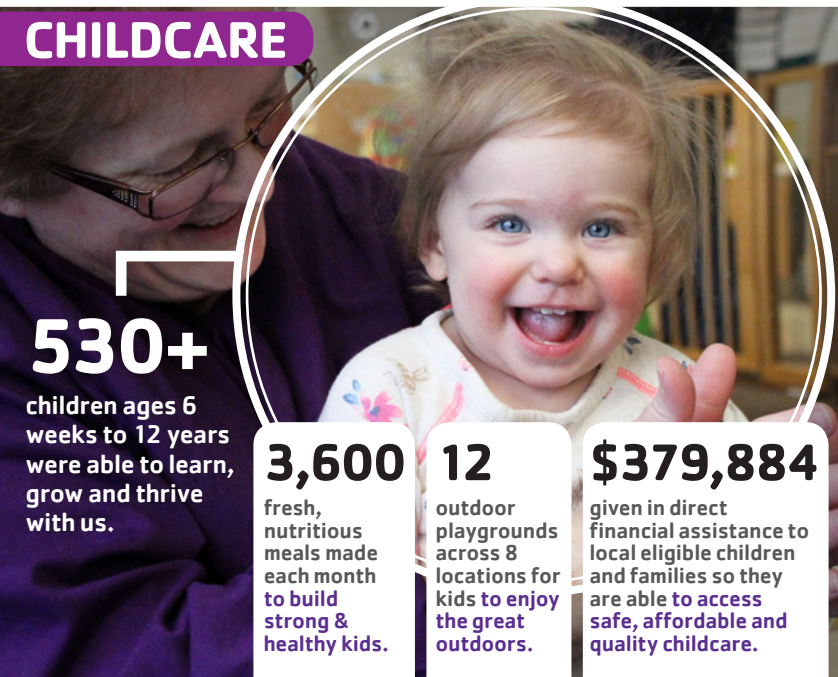
312

children expanded their horizons in classes that focused on art, drama, science, technology, engineering, math and more.

242

swimmers represented our Y on our competitive swim team and built confidence, sportsmanship, teamwork and independence.

CHILDCARE



530+

children ages 6 weeks to 12 years were able to learn, grow and thrive with us.

3,600

fresh, nutritious meals made each month to build strong & healthy kids.

12

outdoor playgrounds across 8 locations for kids to enjoy the great outdoors.

\$379,884

given in direct financial assistance to local eligible children and families so they are able to access safe, affordable and quality childcare.

Y VALUES



520

character cards celebrating children practicing caring, honesty, respect and responsibility were awarded as we affirmed positive behaviors and encouraged the development of well-rounded individuals.

600+

children had a fun summer camp season filled with friends, learning and healthy activities.

295

7th graders learned and built healthy habits and developed positive friendships within the safe, welcoming space of the Y.


At the Y, we give young people a safe place to belong, to build confidence and to learn positive behaviors from strong role models who exemplify the core values of caring, honesty, respect and responsibility. Whether it be child care, early education, youth swim and sports, camp or college preparation, our programs and staff provide the support and opportunities needed to help our youth learn, grow and thrive.

"ALEXIS IS MORE INDEPENDENT AND CONFIDENT BECAUSE OF THE FREE 7TH GRADE MEMBERSHIP PROGRAM.

She learned about the importance of healthy living from the Y staff who also taught her how to safely and correctly handle exercise equipment. The Y is a welcoming space that allows her and her friends to socialize in a supportive environment. I love that we have fun and get to spend quality time with each other - we now take Zumba classes together! I'm happy the Y is here for us as a family.

— Anita
Summit Area YMCA Member

FOR OUR HEALTH A HEALTHIER YOU



Our mission, centered on the balance of spirit, mind and body, provides programs and resources that encourage healthy living. We try to make it easy for you to work out by having knowledgeable staff who care, equipment that motivates exercise and a welcoming, supportive community who encourage your well-being.

“THE ELDERLY SHOULD NOT BE ALONE.

As an 81-year-old, and especially since my wife passed away, socialization is very important. Five days a week, the Y is a big part of my day, because it provides me with good fellowship, good conversation and an opportunity to stay healthy. I support the mission of the Y with volunteer and charity work. I enjoy and recommend the Y to all.”

— Don
Summit Area YMCA Member

10,192

member hours were spent doing lap swim and in aqua exercise classes. **We keep senior members active and connected as they build strength, endurance and flexibility.**


174

individuals and 3,080 hours were spent helping members achieve their wellness goals in small group and individual sessions. **Building stronger, more confident individuals helps build a healthier, more connected community.**

48

seniors attended free Enhance Fitness classes which helped them **to improve problems with arthritis, stiff joints and pain.**


“I WAS TERRIFIED AND WEAK WHEN I STARTED



in the LIVESTRONG® at the YMCA cancer recovery program, but became emotionally and physically stronger due to encouraging Y staff and supportive members. Over the course of my many treatments, my older son got to take advantage of the wonderful 7th Grade Membership program which helped him through tough times by keeping his mind positive and his body healthy. Today, my sons and I work out together at the Y. The Y is like my family.”


— Laurie
Summit Area YMCA Member

32



cancer survivors were able to receive a free, 12-week membership at the Y to participate in the LIVESTRONG® at the YMCA program. The program **provides personalized post-rehab exercise, nutrition classes and a supportive community that helps survivors rebuild their wellness and emotional well-being.**

“I DEVELOPED A BIG PASSION FOR BODYBUILDING.



I used to be a small guy, but with a lot of hard work and motivation from Y staff, I’m getting bigger and stronger every day. I now know I want to pursue fitness as my career - either as a gym instructor or as a personal trainer where I can impact other people’s lives, as well as my own. The Y is not just about you —this place, it’s a big family, a community.”

— Teo
Summit Area YMCA Member

FOR OUR FUTURE STRONGER COMMUNITIES



1,220

volunteers donated an equivalent of \$205,417 of their time and talent serving on boards, advisory committees, task forces and as coaches and instructors.



20

teens in the Achievers Program are provided with guidance and resources. Opportunities such as college touring and mentoring are made available for personal, academic and professional growth.

45

Special Needs youth and adults find acceptance, meaning and support in our designated **yoga, Sundays in Motion swim and gym, volunteer activities and Community-Based Instruction work programs.**

65

families on free or reduced-priced school meals get backpacks of food for weekends. **These supplemental meals, ensure the physical well-being in behavioral and cognitive health of children so they have the opportunity to grow and thrive.** This program is a collaboration between the YMCA, The Junior League of Summit, and Summit Board of Education.



938

individuals and 397 families were awarded financial assistance for childcare, camp, swim lessons, membership and enrichment programs.

"AS A SINGLE WORKING MOTHER, WHO WAS ALSO GOING TO SCHOOL FULL TIME, I NEEDED AFFORDABLE, QUALITY CHILDCARE

for Gaven, my 2 year old. When The Learning Circle YMCA offered me generous financial assistance it allowed me to leave Gaven with genuinely caring, attentive teachers. After 7 months in the Toddler program, Gaven was diagnosed with kidney cancer which had metastacized to his lungs. I had to pull him from school. The teachers regularly sent me emails rooting for his speedy recovery. These emails helped me to remain positive. Today Gaven is back at TLC and getting physically and emotionally stronger every day. The Y is truly a community that supports, loves and helps you when you need it."

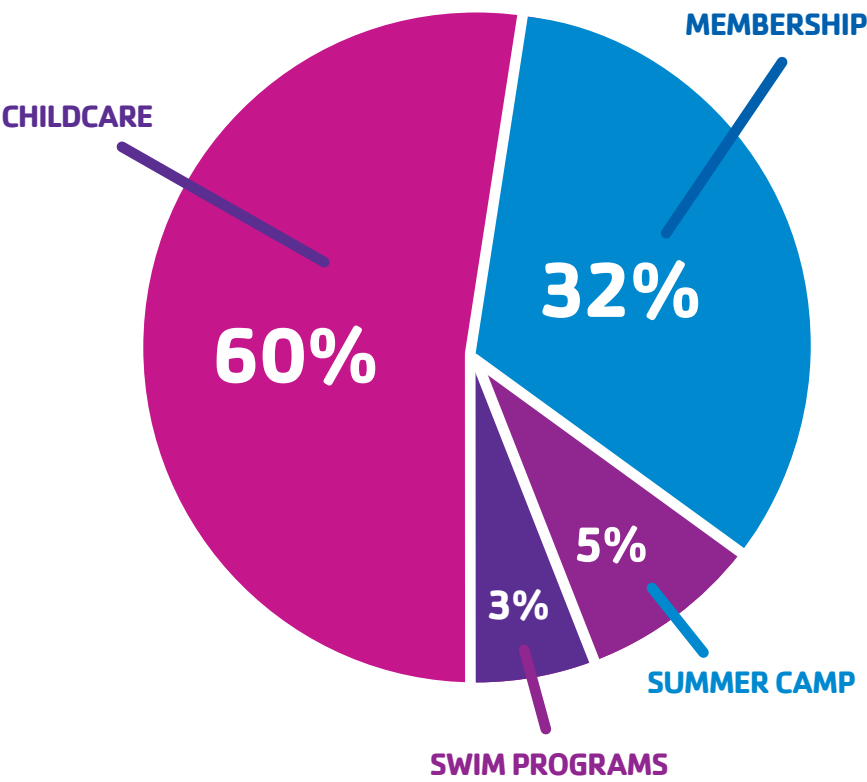
— Sianneth
Summit Area YMCA Member

Members and community members are inspired each day to make a difference in the lives of others with small and large acts of kindness. Our Annual Campaign raises over \$500,000 for direct financial assistance. Togetherhood® gathers caring individuals to spend quality time with Seniors and organizes food and clothing drives to bring basic dignity to the homeless.

WE DEEPEN OUR IMPACT
AS WE PROVIDE DIRECT FINANCIAL ASSISTANCE
AND SUBSIDIZE COMMUNITY PROGRAMS

As a cause driven organization, our Y provided \$635,271 in direct financial assistance to **938 individuals** and **397 families** in our community.

In addition, we provided \$1,728,417 in subsidies for childcare, summer camp, membership, youth and teen programs and healthy living activities to allow access for all.



TOTAL SUPPORT
\$2,363,688

\$635,271
direct
financial
assistance
awarded in
2016.

\$1,728,417
program
subsidies
allocated in
2016.

STATEMENT OF FINANCIAL POSITION

DECEMBER 31	2016	2015
ASSETS		
Cash and Cash Equivalents	\$2,704,997	\$2,482,473
Endowment Funds, Grants and Pledges Receivable	\$123,447	\$147,197
Investments	\$6,910,982	\$6,511,078
Prepaid Expenses and Accounts Receivable	\$84,729	\$124,918
Land, Building and Equipment	\$12,363,527	\$12,757,519
	\$22,187,682	\$22,023,185
LIABILITIES		
Accounts Payable and Other Liabilities	\$737,041	\$711,352
Deferred Revenue	\$153,334	\$196,198
Bonds, Notes, and Mortgage Payable	\$1,679,220	\$2,032,759
	\$2,569,595	\$2,940,309
Net Assets	\$19,618,087	\$19,082,876
Total Liabilities and Net Assets	\$22,187,682	\$22,023,185

STATEMENT OF ACTIVITIES

DECEMBER 31	2016	2015
SUPPORT & REVENUES		
Contributions	\$918,248	\$917,001
Membership Revenue	\$4,184,330	\$3,985,868
Program Revenue	\$7,545,138	\$7,372,434
Other	\$699,992	\$273,153
	\$13,347,708	\$12,548,456
EXPENSES		
Salaries and Related Expenses	\$8,410,033	\$8,285,489
Occupancy	\$1,429,827	\$1,409,145
Professional Fees	\$308,863	\$339,613
Supplies/Equipment	\$840,045	\$836,587
Depreciation	\$915,277	\$894,649
Other	\$908,452	\$964,572
	\$12,812,497	\$12,730,055
Change in Net Assets	\$535,211	(\$181,599)

2016 LEADERSHIP GIVING

In 2016, board members, the community, staff, sponsors, and foundations gave generously to the Summit Area YMCA to ensure that we can continue changing lives by providing services and programs to all, regardless of one’s financial resources. We are honored to recognize and extend our sincere thanks and gratitude to the following individuals and organizations for their leadership investments in the Y. For a complete list of donors, please visit www.thesay.org.

CHAIRMAN’S ROUND TABLE PLATINUM \$10,000+

The Nicholas J. and Anna K. Bouras Foundation
Central Presbyterian Church
Francie and Yon Cho*
Linda and Robert Flanagan
Investors Bank
M. Eileen Moriarty
Robert Moriarty
Mary Reinhart Stackhouse Foundation
Summit Area Public Foundation

GOLD \$5,000 – \$9,999

Capital Group
Dun & Bradstreet
Michelle Berninger and Gregory Fernicola
Constance and Robert Fowler
Laura and William Gump
Suzanne and Thomas Hall*
Kathryn Head
Colleen and Robert Jeffries*
Kieltyka Family*
Edward Kingsley
Polly Palumbo and Lex Maultsby*
Carolyn and Thomas Mulligan*
Novartis Pharmaceuticals Corporation
Overlook Hospital Foundation
Lauren and Peter Pardo*
Nora and Robert Radest
“Sank Family Fund” of the Community Foundation of NJ
The Hyde & Watson Foundation
Carroll and Richard Vicens*
Mary and Norbert Weldon

SILVER \$2,500 – \$4,999

Affinity Federal Credit
Union Foundation
Lisa and Patrick Allen
Emily Aprea and Marc D’Auria*
Margery and Robert Ashmun
Atlantic Rehabilitation
Karen and Stephen Bowman
Sarah and Steven Christensen
Deutsche Bank Americas Foundation

Joan and Stewart Douglas*
EmCare Partners Group
Joan and Michael Gambro*
Lisa and Jeff Giroux*
Archie Gottesman and Gary DeBode*
Bethann and Brian Harvey
Haven Savings Bank
Housing Authority of the City of Summit
Lois Schneider Realtor
Bev Luehs
MedExpress Urgent Care
Teresa Mendez and Donald Polzo*
Patricia and Raymond O’Byrne*
The Office Tavern Grill
PSEG Foundation
S&P Global
Phyllis and Lewis Sank
Laura and Jeffrey Schaffer*
Justine and Dave Segal*
Summit Lions Foundation
Swax Lax LLC
Dalila and Dan Wisniewski

BRONZE \$1,000 – \$2,499

128 Pediatric Association
Allstate Foundation–Agency
Hands in the Community
Anonymous
Herbert Bachelor
Barclays Tickets Fore Charity
Charlotte and Paul Bashforth
Eileen and John Bennett*
Berkeley Heights Physical Therapy
Linda Berkowitz
Susan and Christopher Birosak*
Maribeth and Benjamin Bowen
Anne and Thomas Britt
Victoria Brooks
Brookside Friendly Service
William Brown
Betty and David Budd*
Carpinelli Family
Terri and Joseph Clinton*
Barbara and Christopher Coates
Anthony J. Combias
John Combias
Kelly and John Daab

Emmett and Regina Daly
Annette Davila
Cynthia Davis
Erin C DeCroix
DeFabio Spine and Sports Rehabilitation, LLC
Robert Densen
Glory DeSimone and John Hoffman
David Dietze and Claire Toth*
Adriana and Christopher Dunn
Endurance Human Resources
Enginuity, LLC
The Engel Family
Monica and Dean Episcopo
Tiffany and Stephen Escott*
Nelson Espeland
Irene and Grant Esposito
Kathleen and Peter Feeney
Sue Fieseler
Gallagher Bollinger
Diane and Matt Gigliotti
Bernadine Gilroy
Elizabeth and Frank Gump
Scott Hayward
Ruby Hollingsworth*
Lori and David Ingerman
Jefferies LLC
Katherine Kalin
Peter Kelly
Mitchell A. Klaif
Joyce Klimaski*
Elizabeth and Andrew Kriegman
Ellen and Eric Legoff
Maryann Lyon
Cynthia Keller MacDonald
and Tom MacDonald
Amy and Aamir Malik
Cynthia and Robert Martin
Anjali Rao McCormick*
Michelle McKinnon Veloso
Suzanne and Robert McMinn
Sandra McTernan
Fran and David Metzler
Lisa and Steven Meyers
Dennis Miller
Nora and Mark Muller*
Jane and Steve Murphy
Gail Nelson and David Bona*

Elizabeth Newell
NY Waterway
Joseph Oakes
Katie and Patrick O’Laughlin
Harry Olsen
Olympus Power, LLC
Otterstedt Insurance Agency, Inc.
Jagruti and Bharat Oza
Wayne Paglieri
Mary Parker*
David and Elaine Phipps
Point View Wealth Management, Inc
Eric Sin Kam Poon
R. Seelaus & Company
Karen Raihofer and Randy Rutherford
Karen and Norman Sanyour*
Barry and Lori Sher
Janet and Gregory Smith*
Sheila and Tripp Smith
Spire Group
Spray-Tek INC
Stop and Shop
Cynthia and John Sullivan
Summit Health and Bodyworks
Eric Sumner
Sysco Food Services
of Metro New York
Barbara Testa
The Redwoods Group Foundation, Inc.
Terry and Dennis Turko*
Elizabeth Vance
Vanguard Charitable
Marjorie and William Waltzinger
Frederick Watts
April Wazeka and Adam Siegel*
Weldon Materials, INC
Robbin Woods
YMCA of the USA

***The Triangle Society consists of members who pledge gifts of \$5,000 or more, payable over 3 years.**

Donor listings reflect contributions received from January 1 – December 31, 2016 for the Annual Campaign, Special Events, Programs, and Endowment for the 2016 fiscal year.

BOARD OF TRUSTEES

Jagruti Oza – Board Chair
Robert Jeffries – Vice Chair
Yon Cho
Gregory Fernicola
Jeffrey Giroux
Thomas Hall
James “Lex” Maultsby
Teresa Mendez
David Metzler
Thomas Mulligan
Gail Nelson

Elizabeth Newell
Peter Pardo
Gloria Ron–Fornes
Norman Sanyour
Neal Schweitzer
Justine Segal
Adam Siegel
Joseph Tribuna
Michelle Veloso
Richard Vicens

TRUSTEES EMERITUS

Christopher Birosak
Ashley Cooper
F. Chandler Coddington
Steven Ford
Richard Harrison
Cynthia Martin
Roger Mehner
Michael Messner
Donna Miller
Robert Moriarty
James Nadler
Harry Olsen
Peter Pardo
John Reid
Steven Schroeder

BERKELEY HEIGHTS YMCA BRANCH ADVISORY COMMITTEE

Wayne Ackerman
Jyoti Keswani
David Metzler
Gail Nelson
Paul Neuwirth
Patricia O’Byrne
Maileshku Shah
Lori Stern
Joseph Tribuna
Jennifer Van Vort
Miggy Vasquez

SUMMIT YMCA BRANCH ADVISORY COMMITTEE

Lee Barnes
Charlotte Bashforth
Sarah Christensen
Glory DeSimmonde Hoffman
Nelson Espeland
Marcella Gencarelli
Adrian Hawkins
Kevin Hill
Michael Lombardo
Tom Macdonald
Stephanie McGlynn
Dennis Miller
Mary Parker
Kristen Pierotti
Rob Radest
Norman Sanyour

THE LEARNING CIRCLE YMCA BRANCH ADVISORY COMMITTEE

Maureen Capko
Erin Carberry DeCroix
Beverley Casarico
Amanda Corredor
Matthew Gigliotti
Sherelyn Hersch
Michael Hoefs
Savilla Kaltner
Britt Kuehn
Teresa Mendez
Kara Palusak
Nishita Roesler

SUMMIT AREA YMCA STAFF LEADERSHIP TEAM

Paul Kieltyka, President and CEO
Emily Aprea, CFO and Sr. VP of Strategy, Secretary, Treasurer
Anjali McCormick, Chief Marketing & Operations Officer
Emily Mimms, VP of Development
Janet Smith, VP of Human Resources

Terri Clinton, Executive Director, Summit YMCA
Tiffany Escott, Executive Director, Berkeley Heights YMCA
Joyce Klimaski, Executive Director, The Learning Circle YMCA

The Y.™ For a better us.™

WE ARE PROUD TO RECOGNIZE:

2017 MISSION ADVANCEMENT VOLUNTEERS who play a lead role in advancing the Y mission within the community by sharing information about Y initiatives with other community leaders and who help to broker strategic partnerships and collaborations to meet community needs.



JESSICA GUARNIERI
BERKELEY HEIGHTS YMCA

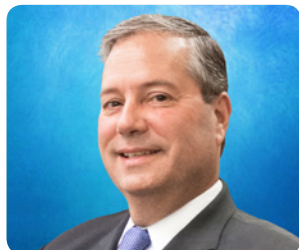


ROBERT RADEST
SUMMIT YMCA



MEGAN BROWN
THE LEARNING CIRCLE YMCA

2017 LIVING OUR CAUSE VOLUNTEERS who participate in a leadership capacity by serving as a member of a branch committee or special event planning committee and who act as storytellers to help raise funds to support the Y cause.



DAVID METZLER
BERKELEY HEIGHTS YMCA



CINDY GUERRERO
SUMMIT YMCA



THERESA COWING
THE LEARNING CIRCLE YMCA

BERKELEY HEIGHTS YMCA

A branch of the Summit Area YMCA

550 Springfield Avenue | (P) 908 464 8373
Berkeley Heights, NJ 07922 | (F) 908 508 1059

SUMMIT AREA YMCA ASSOCIATION SERVICES

A branch of the Summit Area YMCA

490 Morris Avenue | (P) 908 273 4270
Summit, NJ 07901 | (F) 908 273 4272

SUMMIT YMCA

A branch of the Summit Area YMCA

67 Maple Street | (P) 908 273 3330
Summit, NJ 07901 | (F) 908 273 0258

THE LEARNING CIRCLE YMCA

A branch of the Summit Area YMCA

95 Morris Avenue | (P) 908 273 7040
Summit, NJ 07901 | (F) 908 273 5670

www.theSAY.org



summitarea.ymca



@summitareaymca



@summitareaymca

The Summit Area YMCA is one of the area's leading charitable 501(c)3 organizations. Our programs and services are open to all through our financial assistance programs made possible through the generosity of our members, donors and partners. To help strengthen your community, make your tax-deductible donation today at www.theSAY.org